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BETTER RICHMOND BETTER BC

Authorized by CheBah Premarajah, Financial Agent, 604.430.8600
When the Canadian Arthritis Foundation hived off its research arm into a separate entity which became Arthritis Research Canada (ARC) it gained a powerful new ally in the Milan and Maureen Ilich Foundation. The foundation donated two floors in their Progressive Construction building on No. 3 Road near Lansdowne Centre.

More than just the floor space, the foundation also donated the cost of operating those floors. That means all money donated to ARC goes straight to our research and not to overhead, says spokesperson Kevin Allen.

Described by scientific director Dr. John Esdaile as one of ARC’s stars, Dr. Linda Li started her career as a physiotherapist before going onto a PhD and a faculty position in UBC’s department of physiotherapy.

“I fell in love with doing research in arthritis and the people I work with in the field,” says Li. Medical discoveries only become valuable when put to use. That is why Li aims to make sure that patients and doctors learn about new scientific knowledge, like the proven value of exercise in arthritis.

“That’s knowledge translation,” she says.

Li’s latest research project looks at ways to get creaky joints moving to keep the cartilage, the cushion in our joints, healthy.

She says cartilage is like a sponge so, just as you repeatedly squeeze a sponge in clear water to clean it, the only way to flush nutrients through the cartilage is to move the joint. The pressure and release when you move a joint flushes the cartilage with the natural fluids it needs to be healthy.

“Our study is to look at what it takes to develop the skills and habit to be fit,” she said.

Li designed this project because, “Inactivity is the biggest risk to today’s society for all chronic diseases including arthritis. In fact, not being active puts you at greater risk for developing osteo-arthritis, the most common kind of arthritis.”

Li’s new study has three components. The first is educational. Patients learn why they need to move to keep their arthritis in check.

“We are trying to instill the concept that moving is good for your joints. We talk about, ‘Move more. Sit less.’ But we are not prescribing a specific activity or exercise.”

In the second part of the project, the participants meet their physiotherapist who will encourage them throughout the project, helping them set realistic goals, how to manage pain and how to know the difference between exercise that hurts their joint and exercise that helps them heal. They will then meet by phone every two weeks for a couple of months.
Continued from page 3

The third component of the study involves an electronic activity tracking device known as a Fitbit for each participant so they and their physiotherapist can tell if their gradual fitness plan is working. If a participant doesn’t reach their goals, they can work with their physiotherapist by phone to see what got in the way and to set more realistic goals.

“If the goals weren’t realistic, we can dial them back a bit,” says Li. If the participant hits all their goals, activity can gradually increase and with it, joint health.

With the use-it-or-lose-it philosophy now supported by good science, Li says, “We want to help people with arthritis, who are not physically active, become more active.”

Li loves her research: “I like the complexity of it. The field is full of really good people, colleagues, and mentors so once you get into it, you don’t want to leave.”

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Dr. Linda Li, principal co-researcher

Easter a time for reflection

By DON FENNELL
@DFSentinel
dfennell@richmondsentinel.ca

Easter, rooted in tradition, is a time for family to come together and reflect.

A Christian celebration of the resurrection of Jesus Christ, Easter is held on the Sunday after his crucifixion, which is marked on Good Friday. In Canada, it is always (following the Gregorian calendar) between March 22 and April 25. This year, Good Friday (a national holiday) is April 14 and Easter Sunday, April 16.

Additional customs include special church services, new dress clothes as well as egg hunting, the Easter bunny and Easter parades.

The Easter Bunny, a folkloric figure depicted as a rabbit carrying brightly coloured eggs—and sometimes candy and toys—in a basket, began as a practice among German Lutherans.

The tradition of Easter egg hunts has become common in most communities across the country, Richmond certainly being no exception. Many local community centres participate in the annual celebration. For example, South Arm Community Centre has held such events through the years, where it’s been so successful at least three different hunts are scheduled to meet the demand. Participants collect special plastic eggs “hidden” throughout a designated area, which are then returned for goodie bags, explains community-development co-ordinator Winnie Wong.

“This event attracts a mix of newcomers and returnees because it’s a good family event, and especially for the young, fosters developing social skills,” she said. “It allows the kids to be creative and express themselves.”

In recent years, Easter has also become a favourite time of the year for those with a sweet tooth.

“When it comes to chocolate sales) Easter is the second biggest occasion of the year, with Christmas the biggest,” said Anita Schulz, manager of Sinfully the Best chocolate shop in Steveston.

This year, the Moncton Street retailer has a particularly fun selection of chocolate bunnies, including one wearing a chocolate sweater, hand-painted with vividly-coloured, edible cocoa butter. “It has a burst of colours and is really pretty,” Schulz said.

The chocolatier, who makes all its products on site, is offering (for a limited time) a giant bunny that retails for $300. Tickets for the April 14 giant chocolate bunny draw, are $1 each and available at Sinfully the Best, at the corner of No. 1 Road and Chatham Street, with all proceeds going to the Richmond Food Bank.
Haven belongs to all Richmondites

By LORRAINE GRAVES  
@LGSentinel  
Lgraves@richmondsentinel.ca

Whether you like fresh air, fresh vegetables, a day in the country or the sound of birds, Richmond’s Sharing Farm is for you.

Terra Nova’s pastoral haven smells of reawakening earth, growing garlic spears and crisp salad greens. It is open for a stroll any day and on Tuesdays, Thursdays and Saturdays from 9 a.m. to 1 p.m. former strangers, now friends, garden together weeding, digging and harvesting the bounty.

When one volunteer mentioned they are always looking for new volunteers, she enthused about her fellow gardeners: “You don’t get cranky pants; you get wonderful people.”

Sharing Farm executive director Sarah Drewery said the farm shipped 226 pounds of greens to the Richmond Food Bank in one week this spring.

“We donate our produce to the food bank, that’s primarily what we do and we also donate it to various community meals programs for instance, Gilmore Church” which serves the public a by-donation full meal every Thursday at 5:30 pm.

“Last year, we donated 21,000 pounds of produce,” she said.”Vegetables are nutritious. There’s no religious barriers; everybody can eat vegetables.”

And, thanks to the new barn, people can eat more of the farm’s vegetables all season because new plants can be started early under grow lights, she added.

The farm produces more than just vegetables. There’s the camaraderie, the fresh air, and the exercise.

“I like to be outside and dig in the dirt and the companionship. It’s back to nature, get your hands dirty. You can grow the operation only by having more volunteers,” said a volunteer.

(See the Sharing Farm’s volunteer-wanted ad in the classified section of the Sentinel.)

“It’s really nice to be part of an organization that is such a great cause,” says Drewery. “I’m just learning so much. I really believe in it. I’ve been really passionate about farming and growing my own food and to be actually working on it, that is really amazing.”

Adds volunteer, Genie Schaap, “It’s healthy. It’s great. It’s fun.”
Want to know what’s happening in your neighbourhood?

Find out more at the City of Richmond’s 2017 Capital Construction Projects Open House

2017 Capital Construction Projects Open House

Thursday, April 20, 2017 from 3:00 to 7:00 p.m.
Richmond City Hall—6911 No. 3 Road (main floor galleria)

Work on the City’s 2017 capital projects is underway throughout Richmond. Join us at this year’s open house, where you can talk to City staff, find out about construction work in your neighbourhood and learn more about City services.

Staff from Metro Vancouver and Fortis BC will also be present at the open house and present information about their organizations.

More information about the City’s Engineering construction projects can be found at www.richmond.ca/roadworks.

For more information on this event, call the City’s Engineering Department at 604-276-4289.
They refused to let the season end. Proof that the disappointment of a game’s result fades quickly, the Richmond Ravens sat in their dressing room swapping stories even as the clock approached midnight—two hours after their heartbreaking 2-1 loss to Tri Cities in the final of the provincial Bantam girls’ hockey championship March 23, at Richmond Ice Centre.

“The emotion changed from a disappointing result to the disappointment the season was over,” said Ravens’ coach Tony Lindsay. “They didn’t want to leave because they knew when they left the dressing room they were no longer a team.”

A veteran of the ice hockey wars, having coached the game for more than three decades, Lindsay said the bond this team enjoyed will remain his foremost memory. That’s beyond the Ravens’ dominant on-ice success in which they won league and playoff banners, three tournaments, and were ranked among the top three teams in the nation by myhockeyrankings.com much of the 2016-17 season.

Ravens’ season goes well beyond score

Bantam girls’ hockey team second at provincials
Bond apparent in post-game gathering
Team was among nation’s top three all season

See page 8
McMath student puts hammer down in California

By Saarah Rasheed
Student Reporter

For Camryn Rogers, there was never any distance too far, weight too heavy or record that couldn’t be beaten. This 17-year old Richmond girl has lived a fuller life than most her age, and with a No.1 ranking amongst Canadian junior women in the hammer throw already under her belt, it seems as if there is nothing she can’t achieve.

As a senior at R.A. McMath Secondary, Rogers takes great pride in her athleticism. That is why she was excited to learn this past November that she would be receiving a track and field scholarship to the University of California-Berkeley near San Francisco.

“I do not have any family in the United States so I will be starting over new which I personally find is very exciting,” said Rogers.

Rogers hopes to go into law school and advocate for social justice issues. One of the key reasons why Rogers wants to attend Berkeley is the opportunity to bond with others at human rights rallies.

“What I am most excited for is building relationships with my teammates, classmates, coaches and other athletes,” she said.

Rogers has mixed feelings about leaving. While she’s happy at the thought of a new adventure, she feels anxious too.

She believes that it’s a good idea for teens to move away for post-secondary school and that university is a great way to test the skills she has learned so far.

Studies done by the New York University indicate many students who graduate experience “chronic stress” that attributes to drops in grades during those first months away from home.

Another study by Our Healthy Minds says that joining a study group reduces stress since you are surrounded by like-minded students who are going through similar experiences. Rogers hopes that support groups like these will give her and other students the courage to pursue their academic dreams, no matter the distance.
BC political parties; what’s the difference?

By LORRAINE GRAVES
lgraves@richmondsentinel.ca
@LSentinel

For those new to provincial politics, UBC political scientist David Moscrop gave a primer about the differences between the main parties voters will have to choose from among in May's provincial election.

Regarding the BC Liberals, formally known as the British Columbia Liberal Party, Moscrop said: “The Liberals are a bit of centre-right party, in BC, that tries to balance a role between free enterprise and business interests but also while maintaining a role for government in economic and social life.”

Moscrop says this party is not affiliated in any way with the Federal Liberty Party.

For the British Columbia New Democratic Party, also known as the BC NDP, Moscrop said: “The BC NDP is more comfortable than other parties at using the government to achieve social outcomes and what they see as a fair society. They are slightly more concerned with or inclined to have the government play a role in people's day-to-day life, for instance in having the government providing affordable daycare. The BC NDP is officially affiliated with federal NDP.”

When asked about the Green Party of British Columbia, usually called the BC Greens, Moscrop said: “For the greens, the environment is a priority but that doesn’t mean they are a left party. They are effectively a centre party economically and to some extent socially who are primarily concerned about doing politics through the lens of environmental sustainability.”

Moscrop said the provincial Green party, “Certainly shares broader goals with the federal party.”

The last type of candidate we may see in Richmond could be listed as Independent. “Independents are individuals who are running for a seat in the legislature who are unaffiliated with any political party,” says Moscrop.
Continued from page 9

Teresa Wat, Age: 68
Do you live in the riding in which you seek election? No
Family: 1 daughter
Occupation: MLA for Richmond Centre
University/college attended: University of Victoria and California at Berkeley
Degrees or diplomas: LLB, University of Victoria
Where born: India
Where grew up: Hong Kong from the age of 1 until 18 and Richmond from 20 until 43
Where live now: Delta
Own or rent?: Live in an extended family
Neighbourhood you live in: Sunshine Hills
Connection to Richmond: Moved from Hong Kong to east Richmond in 1988.
How long lived in Richmond: 23 years
Your history in Richmond: I moved to Richmond with my parents while I was attending university.
Political affiliation: BC NDP
Number of years as a member of your party: 1
Past participation in politics, past party affiliations: Social and political activist since the age of 14 and have worked with numerous non-partisan organizations.
Volunteer work: Pro Bono work on many legal issues, past director of Peoples Legal Education Society and Friends of the Sikh Cadets Society.
Contact information: Phone: 777-887-9341, Email: bogberry@gmail.com, Twitter: @bogberry

Aman Singh, Age: 48
Do you live in the riding in which you seek election? Not anymore
Family: Engaged
Occupation: Human and civil rights lawyer
University/college attended: University of Victoria
Degrees or diplomas: LLB, University of Victoria
Where born: India
Where grew up: Hong Kong from the age of 1 until 18 and Richmond from 20 until 43
Where live now: Delta
Own or rent?: Live in an extended family
Neighbourhood you live in: Sunshine Hills
Connection to Richmond: Moved from Hong Kong to east Richmond in 1988.
How long lived in Richmond: 23 years
Your history in Richmond: I moved to Richmond with my parents while I was attending university.
Political affiliation: BC NDP
Number of years as a member of your party: 1
Past participation in politics, past party affiliations: Social and political activist since the age of 14 and have worked with numerous non-partisan organizations.
Volunteer work: Pro Bono work on many legal issues, past director of Peoples Legal Education Society and Friends of the Sikh Cadets Society.
Contact information: Phone: 777-887-9341, Email: bogberry@gmail.com, Twitter: @bogberry

Chak Au, Age: 61
Do you live in the riding in which you seek election? Just outside the boundary
Family: Married with one son
Occupation: Family therapist
University/college attended: University of Hong Kong
Degrees or diploma: Master of Social Work, Master of Public Administration
Where born: Hong Kong
Where grew up: Hong Kong
Where live now: Richmond
Own or rent: Own
Neighbourhood you live in: Brighouse
Connection to Richmond: Live and work in Richmond
How long lived in Richmond: Since 1991
Your history in Richmond: Richmond City Councillor (2011 to present); Richmond School Trustee (1999 to 2011)
Political affiliation: BC NDP
Number of years a member of your party: Since 2017
Past participation in politics, past party affiliations: BC Liberals
Volunteer work: President, Interfaith for World Peace Society; Director, Canadian International Education Assistance Foundation; Member of Lions Club and Rotary Club.
Contact information: chak.au@bcndp.ca

Jas Johal, Age: 46
Do you live in the riding in which you seek election? No
Family: Married, one son
Occupation: Communications consultant
University/college attended: BCIT
Degrees or diploma: Communications diploma
Where born: Jullundhur, Punjab, India
Where grew up: Williams Lake
Where live now: Tsawwassen
Own or rent? Own
Political affiliation: BC Liberal Party
Number of years a member of your party: 1
Past participation in politics, past party affiliations?: Covered politics for 2 decades
Volunteer work: Fraser Health Authority Board of Directors

Michael Wolfe, Age: 35
Do you live in the riding in which you seek election? No
Family: wife Tiffany
Occupation: public school teacher at McNair Secondary
University/college attended: UBC and Langara College
Degrees or diploma: Currently doing my Masters of Education
Where born: Richmond
Where grew up: Richmond
Where live now: Vancouver & Richmond
Own or rent? Rent
Neighbourhood you live in: Cambie Village, Vancouver & West Cambie, Richmond

Richmond-Queensborough:

Contact information: 604-284-3088 or jas.johal@bcliberals.com

Richmond South Centre:

See page 13
Continued from page 10

Linda Reid, Age: 57
Do you live in the riding in which you seek election?
I live in the riding that I currently represent in Richmond.
Family: Husband, Sheldon and 2 kids: Olivia and Will.
Occupation: MLA for Richmond East, Speaker of the Legislative Assembly of B.C.
University/college attended: UBC
Degrees or diploma: B.Ed and MA
Where born: Vancouver
Where grew up: Vancouver
Where live now: Richmond
Own or rent: Own
Neighbourhood you live in: South Arm
Connection to Richmond: Moved to Richmond with my first teaching job and have lived here ever since. I have raised my kids here.
How long lived in Richmond: Since 1979
Political affiliation: BC Liberal
Number of years a member of your party: 31 years
Past participation in politics, past party affiliations?: Lifetime member
Volunteer work: BC Chair for Canadian Guide Dogs for the Blind, Director of Garden City Hospice Society.
Contact information: Campaign Office: 604.821.0286, 120-6960 No. 3 Rd., l.reid@bcliberals.com

Richmond Steveston:

Kelly Greene, Age: 37
Do you live in the riding in which you seek election?
Yes
Family: Married with three children
Occupation: Stay at home parent, public education advocate.
University/colleges attended: Kwantlen transfer program, University of British Columbia
Degrees or diplomas: UBC Bachelor of Arts in Psychology
Where born: Richmond
Where grew up: Richmond ages 0-2, Saskatoon ages 2-10, Richmond ages 10-current
Where live now: Richmond
Own or rent? Own
Neighborhood you live in: Steveston North
Connection to Richmond: It’s my home and it’s where I’m raising my family. My parents also live in Richmond.
How long lived in Richmond: 27 years
Your history in Richmond: I attended elementary school and high school in Richmond. I also worked at a local Steveston business.
Political affiliation: BC NDP
Number of years a member of your party: 1
Past participation in politics, past party affiliations: Historically, I have tried advocating for my community in a non–partisan way.
Volunteer work: More recently, I was a public education advocate for Richmond.
Contact information: Facebook: fb.com/KellyGreeneBCNDP, Twitter: @kelly_bc_ca
Web: kellygreene.bcndp.ca

Roy Sakata, Age: 74
Residence: Richmond South Center Electoral Riding, I live just across the street north of the Richmond-Steveston Riding
Family: Widower with two grown children.
Occupation: Retired School Administrator and Organizational Consultant
University/College: UBC Bachelor of Education (Elementary Education) 1967; SFU Master Degree (Education Administration) 1977.
Where born: Born in BC WWII internment camp
Where grew up: Internment camp and Quathiaski Cove, Quadra Island across Discovery Passage from Campbell River.
Where live now: Richmond
Own/Rent: Rent
Neighborhood you live in: Richmond South Center
Connection to Richmond: My fishermen grandparents came to Richmond in the late 1800s to work during the salmon season. My father was born here.
Political Affiliation: Federally—Liberal; Provincialy—B.C. Green Party
Number of years in party: Green Party member since fall 2016
Past party affiliation: Historically my late spouse Myma and I were NDP supporters.
Volunteer work: Rotary Club of Ladner member since 1998, Volunteer at the Steveston Buddhist Temple.
Contact: roy2017.sakata@shaw.ca
Campaign office: 604-370-3882 or 604-370-3887

John Yap, Age: 57
Do you live in the riding in which you seek election?
Yes
Family: Wife, Suzanne, adult children, Lisa and Michael
Occupation: Banker/ Financial Planner
University/colleges attended: UBC Degrees or diplomas: B SC (genetics), MBA
Where born: Singapore
Where grew up: Singapore till age 16
Where live now: Richmond
Own or rent: Own
Neighborhood you live in: North Steveston
Connection to Richmond: Worked and lived in Richmond 31 years
How long lived in Richmond: 31 years
Your history in Richmond: Have lived in Richmond 31 years
Political affiliation: BC Liberal
Number of years a member of your party: 20 plus years
Volunteer work: Rotary, Lions
Contact information: Campaign Office: 200 – 3960 Chatham Street. Telephone 604-272-7736
Until May 10, 2017, Email – john.yap@bcliberals.com
Who Can Vote

You can vote in a provincial election in B.C. if you are:

- 18 or older on General Voting Day,
- a Canadian citizen,
- a resident of B.C. for the six months before General Voting Day, and
- registered to vote

HOW TO VOTE

There are many ways to vote in a provincial election in B.C.

Vote at advance voting

Advance voting is open from 8 a.m. to 8 p.m. (local time) on the Saturday and Sunday two weeks before General Voting Day, and the Wednesday, Thursday, Friday and Saturday before General Voting Day.

All voters can vote at any advance voting place, and all advance voting places are wheelchair accessible.

Vote on General Voting Day

General Voting Day is the 28th day after the election is called. Most voters vote on General Voting Day.

To vote on General Voting Day, visit any voting place between 8 a.m. and 8 p.m., Pacific time.

Vote at any district electoral office

Voting is available at any district electoral office from when an election is called to 4 p.m. on General Voting Day.

Voters with Disabilities

Elections BC is committed to improving accessibility to the electoral process for all eligible voters in B.C. Election officials are trained on how to help voters with accessibility challenges, and services are available to help voters with disabilities vote.

Getting help marking your ballot

Voters can get help marking their ballot if they have a disability or difficulty reading or writing. Tell the election official at the voting place if you need help marking your ballot.

Resources for blind or sight-impaired voters

Braille candidate lists, large print ballot posters and plastic ballot templates are available at all voting places to help blind or sight-impaired voters mark their ballot.

Elections BC recently made election ballots bigger to make them easier to read.

During an election, Elections BC works with organizations like CNIB and ASIC to ensure that blind and sight-impaired voters are aware of the voting opportunities and services available to them.

Voting place accessibility

All advance voting places and many general voting places are wheelchair accessible. Voters who can’t enter a voting place can vote outside the building (at the curb or in the parking lot).
Richmond Firefighters Association donates to support new Acute Care Tower at Richmond Hospital

Richmond Firefighters Association is taking a philanthropic leadership role by directing a $250,000 donation towards a new Acute Care Tower at Richmond Hospital. Each member has personally pledged through payroll deduction towards the donation.

As first responders who are often first on scene helping with medical emergencies, Richmond Firefighters Association are true champions of local health care. Richmond Hospital’s original tower, more than 50 years old, needs to be replaced. Opened in 1966, the building is seismically unstable with obsolete and deficient facilities, and is unable to meet the needs of Richmond’s dramatic growth, including the number of seniors, the fastest growing in all of B.C.

Richmond Firefighters Association, whose own facilities have been upgraded to withstand earthquakes, represents all of Richmond’s 215 firefighting, training, investigation, fire prevention, public education and mechanical staff who work around the clock to keep the citizens of Richmond safe.

Richmond Hospital Foundation thanks the Richmond Firefighters Association and its members for their leadership and generosity to improve health care here at home, now and in the future.

New top cop in Richmond

Supt. Will Ng has been named the new officer-in-charge of the Richmond RCMP detachment.

Ng’s policing career began in 1995 in Surrey. Ng will begin his duties as the top cop in Richmond in mid April.

- Martin van den Hemel

Cook Elementary to get $14M upgrade

William Cook Elementary will get a $14 million seismic facelift as well as four additional classrooms, the province announced in mid-March.

“We’re excited about it,” said Debbie Tablotney, chair of the Richmond Board of Education.

When asked if the money is dependent upon the results of the upcoming provincial election, Tablotney said: “That money is committed. I doubt they’d turn that around. We’ll be getting underway immediately.”

The new classrooms will be welcome.

Cook Elementary principal Sarah Loat said the school has grown from 17 classes to 18 last year and 19 this year.

Loat pointed out that Cook is more than just a school.

“We are used by the community. We are a real hub for the community; we are used as a rental. We are booked most of the time. There is a lot of support in our school for students; we are an early learner centre.”

According to parent Kim Nowitsky of Richmond Schools Stand United, the BC government made a similar announcement for Gilmore Elementary in 2013, a few months before that year’s provincial election.

The work has not been done.

Richmond Firefighters Association donates to support new Acute Care Tower at Richmond Hospital

Carleen Pauluk, Director, Donor Relations, Richmond Hospital Foundation (far left), Sandy So, Richmond Hospital Foundation Board and ACT NOW Campaign Member (fourth from left) and Natalie D. Meixner, President & CEO, Richmond Hospital Foundation (centre) receives cheque from members of Richmond Firefighters Association (left to right) Grant Wyenber, Patrick Kelly, Jim Stewart, Jordan Lehauer, Cory Parker, Sean Tobin and Jim Dickson.

By LORRAINE GRAVES
LGraves@richmondsentinel.ca
@LGsentinel

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Richmond Firefighters Association donates to support new Acute Care Tower at Richmond Hospital

Carleen Pauluk, Director, Donor Relations, Richmond Hospital Foundation (far left), Sandy So, Richmond Hospital Foundation Board and ACT NOW Campaign Member (fourth from left) and Natalie D. Meixner, President & CEO, Richmond Hospital Foundation (centre) receives cheque from members of Richmond Firefighters Association (left to right) Grant Wyenber, Patrick Kelly, Jim Stewart, Jordan Lehauer, Cory Parker, Sean Tobin and Jim Dickson.

7000 Westminster Highway, Richmond, BC V6X 1A2 | 604.244.5252 | www.richmondhospitalfoundation.com
For those who visit Steveston, the quaint village might seem idyllic. With a picturesque backdrop repeatedly worthy of Hollywood’s discriminating eye, a seemingly resurgent fishing industry and a vibrant tourism sector, all on the surface appears economically healthy.

But Jim van der Tas, president of the Steveston Merchants Association, said between November and March, many area business struggle to make ends meet.

“It’s been a tough, say last two years,” van der Tas told The Richmond Sentinel. “Overall, there’s a sense outside of Steveston, that all is sunny, good in Steveston.”

But in fact, he said, online and big box retail shopping has taken its toll on Steveston. And the over abundance of certain types of shops, and the lack of diversity, haven’t helped, van der Tas said.

There are 10 businesses currently for sale, he said, noting that’s an unusually high number.

“I was a bit surprised...The total has never been
been more than three or four in my mind.”

While larger businesses might be able to ride out an under-performing fall and winter season, van der Tas explained that a 10-to-15-per-cent drop in business for Mom and Pop shops might be fatal.

So what is holding Steveston back? Part of the problem is marketing, he said.

Both Fort Langley and Cloverdale, which share similarities with Steveston, have managed to fare well even in tough times.

“They market themselves well. They seem to be doing better than we are.”

Then there’s the issue of planning the future of Steveston.

“There is no long term vision, there is no core marketing message,” he said.

Is Steveston a spot for fish-and-chips, a place to grab some ice cream while out for a walk, a fishing village, tourist destination or a weekend retreat for families?

“Some people want it to be this, some want it to be that,” van der Tas said of the community which isn’t on the same page.

With all the new development in Steveston, van der Tas said there’s been a push to try to get Richmond city hall to develop a vision for the village.

Coun. Harold Steves said city hall has been meeting with some resistance from those who live and work in Steveston while trying to develop that long-term vision.

Steveston area business owners and residents are split in their opinion of what’s best for the area.

The thought behind the current effort to have Steveston declared a Canadian heritage site, is that this designation would bring federal and provincial funding to modernize the harbour, Steves said.

But some people don’t want to modernize, Steves said.

There are those who want to maintain Steveston as a fishing village, others who would like to add accommodations for pleasure craft, and others who think adding a hotel would bring more tourists to Steveston year-round.

Robert Kiesman, chair of the Steveston Harbour Authority, said creating an overall vision for Steveston would certainly be better than no master plan at all. And if that planning begins, the harbour authority will gladly participate.

In the meantime, many positive changes are underway, including nine infrastructure projects worth about $14 million, he said. Work began on those projects about two years ago, and are nearly completed.

Steveston Landing has new public sales floats and new electrical facilities which are capable of accommodating larger boats.

Kiesman has a vision for the harbour that would help Steveston through the lean fall and winter months.

He hopes to build a hub for the southern B.C. fishing industry, putting all marine-related shops and services—currently spread across the Lower Mainland—into a single convenient location to serve Canada’s largest commercial fishing port. The added jobs and workforce would inject the village with people who spend money buying lunches and groceries and gas.

“We believe that Steveston Harbour Authority and the fishing industry provide the lifeblood of the fishing character of Steveston,” Kiesman said.

Kiesman said he is optimistic about Steveston’s future, thanks to the current strong working relationship between the Port of Vancouver, provincial government, city and harbour authority. Those four groups combined to step up when the federal government abandoned funding the dredging of the Fraser River back in 1998.

Two other infrastructure projects—a 70-tonne lift at the foot of Trites Road for maintaining and repairing boats, and a modern floating concrete dock and ramp near the Gulf of Georgia Cannery—were just completed, he said.

And the future of the fishing industry looks good, he said, with the recent chum salmon run, which was the largest in recorded history.

Harold Steves believes a compromise can be reached that will make all sides happy. In the meantime, Steveston remains open for business.
New online exhibit remembers our soldiers

- Biographies of all 77 Richmond fallen
- Young men made ultimate sacrifice for country
- Many also recognized with memorial street names

By DON FENNELL
dfennell@richmondsentinel.ca
@DFSentinel

A well-known athlete, an X-ray technician and a carpenter’s apprentice are among the 77 Richmond soldiers who are paid homage in a new online exhibit at Richmond Archives.

A flying officer during World War II, Robert Samuel Dixon represented Canada at the British Empire Games (now the Commonwealth Games) in 1934, winning the javelin throw, before applying to the Royal Canadian Air Force in October 1939.

Walter Kartner, an ordinary seaman during the war, had just started a career in the medical field when he enlisted in the Royal Canadian Navy in February 1945.

And private Ernest Edward Edgington, a truck driver while learning to be a carpenter, joined the armed forces in 1941 only two months after being killed in action in Italy just 10 months later.

“It’s hoped that getting all the biographies of the names on the cenotaph, many of them updated, on line will increase public awareness of the lives behind these names,” said city archivist Jennifer Yuhasz.

Yuhasz acknowledged the “exceptional” work by historian Mary Keen in compiling much of the material on the cenotaph, many of them updated, on line for the exhibit.

“We’re continuing to update (the online exhibit) as new information comes forward,” Yuhasz said.

The first part of the exhibit, Lives Behind Memorial Road Names, details the lives of 56 veterans who have both a Richmond street named after them and are listed on the cenotaph.

The poppy-adorned street signs were installed around the city in November 2016. The second part, Lives Behind the Richmond Cenotaph, lists the remaining 21 soldiers memorialized on the cenotaph.

Born in Burnaby, but educated in Richmond, Dixon earned his junior matriculation at Bridgeport High School in 1927 and had a variety of occupations including as physical training director with the Vancouver Athletic Club and a stint with the Chinese Air Force.

Though Dixon enlisted to join the Air Force in 1939 it wasn’t until February 1940, as a flight sergeant, he was first posted to Camp Borden, Ont. and later transferred to Winnipeg following his promotion to flying officer. He spent much of his time ferrying planes around Canada and was killed during a test flight of a Cessna Jan. 11, 1941 over Grosse Isle, Manitoba.

Born in Yugoslavia, Kartner was the first of four children to immigrant parents Frank and Mary who were married in the part of Austria which became Yugoslavia after World War I. Frank Kartner emigrated to Canada in 1928 and his family followed in 1930. Walter graduated from Richmond High School in 1943.

A navy cadet for seven years, Walter was barely 20 when he enlisted for active duty in February 1945, during which he had several postings including HMCS Cornwallis and HMCS Stadacona before being based in England. Relieved that the war was over, his family was expecting Walter home for Christmas 1945 when they received a telegram—read over the neighbour’s phone—stating that he had died unexpectedly. He had been playing hockey and came off the ice to have something to eat then collapsed. A cookie apparently found its way into his lungs causing breathing difficulties.

Originally from Rutland, Edgington attended Richmond High School during the 1930s and enlisted in the armed forces in 1941 only two months past his 18th birthday. He was posted to the Canadian Irish Fusiliers for a year before transferring to the 1st Battalion of the Seaforth Highlanders prior to embarking for England in June 1942. During his time in England he took several courses before his unit headed to Italy where it participated in the campaign in Sicily. He was killed in action Dec. 11, 1943 and buried in the Morro River Cemetery in Ortona, Italy.

Three of Edgington’s brothers, Victor, John and Arnold also served in the forces.

Entitled “We Will Remember Them,” the City of Richmond’s website (www.richmond.ca/city hall/archives/exhibit/remember) profiles each of the men who died in military service in World War I, World War II and the Korean War.
Deas pioneer in local fishing history

- “Free Black” invited by Sir James Douglas
- Founder of early local cannery
- Slough and island named for him

By LORRAINE GRAVES
LGraves@richmondsentinel.ca
@LGSentinel

It was 1858, the year that Victoria, a sleepy backwater of 1,200 people, saw the gold rush inject almost 20,000 people.

It was also the year Sir James Douglas, governor of the British colony, invited 700 “free black” people from California to move to the area with full rights, offering full British citizenship within seven years.

Many took up the invitation because they felt their rights and freedom were not guaranteed in the United States.

While Douglas’ invitation preceded the gold rush, the 700 African-American immigrants’ arrival coincided with the gold rush, so people like John Sullivan Deas, who arrived from San Francisco in 1862, were able to ply their trade—in his case tinsmithing—for the tidal wave of gold-seekers sweeping into what is now British Columbia.

Settling in Yale in 1866 as a tinsmith and hardware dealer, Deas nine years later moved his family to the Richmond area in 1871, setting up his cannery on Deas Island, one of our area’s first.

According to The BC Black History Awareness Society (BCBHAS), one problem he, and eventually other cannery owners, ran into was the unpredictable numbers of the returning salmon.

With the largest runs only coming every four years, a canner could be stuck with a glut of waiting cans one year while running short the next.

It meant fish going to waste or money invested in tin cans that sat empty, oxidizing until the next run. This unpredictability of the fish supply led Deas to apply to the government for the rights to a specific drift. The government turned him down so, seeing the vast influx of competing canneries in the area, the increasingly-ill Deas sold out in 1878.

He moved his wife, Fanny Harris, and their seven children to Portland, Oregon where he died two years later at age 42 of Tinsmiths’ Disease.

The fumes he breathed, over the decades he plying his craft, killed him.

According to Scott McCloy, spokesperson for WorkSafe BC, the acid fumes of the flux used to clean the metal destroyed many a tinsmith’s heart and the fumes breathed in from the lead solder caused insidious lead poisoning which led to a spectrum of debilitating neurological symptoms such as tremors, twitches, and brain damage.

So the good old days, of John Sullivan Deas, whose name lives on in Richmond with Deas Island and Deas Slough, were not always so good for those whose trade exposed them to the lethal fumes that brutally cut short the life of this early and valued Richmond entrepreneur.
ALL ABOUT RICHMOND CROSSWORD

ACROSS
1  Way
6  Early Richmond Mayor Grauer
10 Canadian body of water and historic department store
11 Swim & slide
12 Massachusetts eatery
13 Chapel
14 Giant Steveston lizard
18 Former mall anchor
19 Linda Reid, John Yap and Teresa Wat

DOWN
2  North west corner of Richmond
3  Elementary nod to First Nations
4  Bibliophile’s haven
5  Local high school
7  City
8  Olympic race walker
9  Opposite of sunny mainland
11 Hollywood spectacle
13 Meditative workout
15 Popular Chinese brunch
16 Fencing champion Natasha

SUDOKU

The goal of Sudoku is to fill a 9x9 grid with numbers so that each row, column and 3x3 section contain all of the digit between 1 and 9.

Answers will be posted in the next issue in May.

CROSSWORD ANSWERS

ACROSS
1  Way
6  Early Richmond Mayor Grauer
10 Canadian body of water and historic department store
11 Swim & slide
12 Massachusetts eatery
13 Chapel
14 Giant Steveston lizard
18 Former mall anchor
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11 Hollywood spectacle
13 Meditative workout
15 Popular Chinese brunch
16 Fencing champion Natasha

SUDOKU ANSWERS

5  Aberdeen
7  Timothys
8  Onceuponatime
11 Maritime
15 Minorupark
18 Ashmore
19 Raccoon

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MOBILE dental hygienist (365 day license) specializing in geriatric dental hygiene care since 1997. Oral health assessments and scaling/polishing/fluoride treatments ('cleanings') provided to those who are unable to leave home. Call Linda @ 604-231-9747.

DAWOOD'S BISTRO in Steveston needs full and part time servers. Counter/table service, barista duties, cash handling opening/closing duties. Need outgoing personality and be team player. Will also train in kitchen if desired. Drop by for interview at 120-12420 No. 1 Road, or email resume to: davoodkha@hotmail.com.

THE RICHMOND'S POTTERS Club is having its ANNUAL SPRING SALE at the Richmond Cultural Arts Centre (180 7700 Minoru Gate) Friday April 21, 2017 at 1 pm to Sunday April 23, 2017 at 3 pm. Free parking. Free Admission.

GOT ARTHRITIS OR LUPUS? Want a Fitbit, and a good physiotherapist to talk to without charge? Have we got a study for you. For information contact Morgan Barber/Navi Grewal (Research Coordinator), Arthritis Research Canada mbarber@arthritissociety.ca T: 604-207-4027, www.arthritisresearch.ca. Free parking, Free Admission.

DAVOOD'S BISTRO in Steveston needs full and part time servers. Counter/table service, barista duties, cash handling opening/closing duties. Need outgoing personality and be team player. Will also train in kitchen if desired. Drop by for interview at 120-12420 No. 1 Road, or email resume to: davoodkha@hotmail.com.

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THE SHARING FARM Society is looking for following donations: shovels, rakes, pitch forks, harvest knives, clippers, garden hoses, composted manure, clean compost and more. New volunteers always welcome. For more information, contact: Sarah Drewery, Executive Director, The Sharing Farm, 236-777-2264.

WANTED: Dental hygienist (365 day license) specializing in geriatric dental hygiene care since 1997. Oral health assessments and scaling/polishing/fluoride treatments ('cleanings') provided to those who are unable to leave home. Call Linda @ 604-231-9747.

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SUMMER SPORT CAMP
Early Bird Registration Opens April 1
Early bird rates end April 30. Don’t miss out!

ASPAC Egg-stravaganza
April 16 - Skate, Climb and Egg Hunt -
Early bird rates end April 30. Don’t miss out!
### Get Outdoors - Camping Edition (13-15 YRS CO-ED)

- **Cost:** $340 - $377
- **Tuition:** $306
- **Phone Numbers:** 77860 77861 77862

### Get Outdoors - Camping Edition (9-12 YRS CO-ED)

- **New!**
- **Cost:** $350
- **Tuition:** $315
- **Phone Numbers:** 79421 79422

### Extreme Get Outdoors Camp (9-12 YRS, CO-ED)

- **Cost:** $136 - $170
- **Tuition:** $116 - $153
- **Phone Numbers:** 77842 77843 77844 77845 77850 77846 77847

### Get Outdoors Camp (9-12 YRS, CO-ED)

- **Cost:** $136 - $170
- **Tuition:** $122 - $153
- **Phone Numbers:** 77813 77814

### Try Triathlon Camp (9-13 YRS, CO-ED)

- **(11-12 YRS, CO-ED)**

### Hockey Camp (7-10 YRS, CO-ED)

- **New!**
- **Cost:** $380
- **Tuition:** $342
- **Phone Numbers:** 77870 79600

### Hockey Skills Development Camp (6-9 YRS, CO-ED)

- **Cost:** $190
- **Phone Numbers:** 77871 79597

### Learn to Golf (9-12 YRS, CO-ED)

- **New!**
- **Cost:** $170
- **Tuition:** $153
- **Phone Numbers:** 78878 78884

### Girls Only Sport Camp (9-12 YRS, GIRLS)

### Girls Only Fit & Fun Camp (13-16 YRS, GIRLS)

### GO! Girls Only in Motion Camp (6-9 YRS, GIRLS)

### Fencing Skills Camp (9-12 YRS, CO-ED)

- **Cost:** $170
- **Tuition:** $153
- **Phone Numbers:** 77507 77510

### Dance and Cheer Camp (10-13 YRS, CO-ED)

- **Cost:** $165 - $206
- **Tuition:** $148 - $185
- **Phone Numbers:** 77812 77810

### Oval Beach Volleyball Camp (14-16 YRS, CO-ED)

### Performance Development Baseball Camp (11-13 YRS, CO-ED)

### Badminton Blast Camp (12-15 YRS, CO-ED)

- **Cost:** $128 - $160
- **Tuition:** $116 - $144
- **Phone Numbers:** 77440 77445 77456

### Racquet & Paddle n' Putter Camp (6-9 YRS, CO-ED)

### Racquet, Paddle, n' Putter Tot Camp (4-5 YRS, CO-ED)

### Table Tennis Camp (10-15 YRS, CO-ED)

### Table Tennis Camp (6-15 YRS, CO-ED)

### Atomic 2 Volleyball Camp (11-12 YRS, CO-ED)

### Atomic 1 Volleyball Camp (9-10 YRS, CO-ED)

### Performance Development Volleyball (12-13 YRS, GIRLS)

### Performance Development Volleyball (12-13 YRS, BOYS)

### High Performance Volleyball Camp (14-17 YRS, CO-ED)

### Goalie HP Hockey Goaltender Camp (9-12 YRS, CO-ED)

### HP Holiday Pro. Season Prep Camp (Atom-PeeWee)

### Learn to Row Camp (13-15 YRS, CO-ED)

- **(12-13 YRS, BOYS)**

### Learn to Dragon Boat Camp (9-12 YRS, CO-ED)

### Learn To Row Camp (13-15 YRS, CO-ED)

### PADDLING & ROWING

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Please note that camps less than 5 days long will be offered at a pro-rated price.

* This Camp ends at 2:30pm
ASPAC Egg-Stravaganza

SUNDAY APR 16

12:00 - 4:30pm
at the Richmond Olympic Oval

12-2PM
Climbing Wall Egg Hunt

1-3PM
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3-4:30PM
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