

Wayne Duzita (above) co-chairs with Michael Chiu the Richmond Christmas Fund.

Photo courtesy Richmond Cares, Richmond Gives

Marine pollution beneath the ocean's surface

By JOEL BAZIUK

Contributor

In Richmond, there are ongoing efforts to reduce ocean pollution through initiatives such as the Great Canadian Shoreline Cleanup and the Vancouver Fraser Port Authority's five-year project to remove derelict boats and structures from the Fraser River. However, there hasn't been as much focus on pollution beneath the surface—such as abandoned, lost and discarded fishing gear (ALDFG or "ghost gear"), which poses a significant threat to our maritime environment.

A 2009 UN report indicates that 640,000 tonnes of fishing gear is lost in the ocean annually, and recent research suggests this number could be much higher today. Studies also suggest that 46 to 70 per cent of the floating microplastic in certain areas of our ocean could be lost fishing gear—it becomes the most harmful form of marine debris, yet still relatively little understood, largely because the majority of it remains beneath the surface where it is often difficult to find.

Of course, no fisher ever wants to lose gear, but occasionally extreme weather, snags beneath the

surface, or conflict with other gear can cause unavoidable gear loss. Once lost, it can continue to catch harvestable fish stocks and other marine life for up to 600 years. On Canada's West Coast, seal and sea lion populations are the most impacted, though the true extent of the effect on local fish stocks is currently unknown.

Fortunately, the Canadian government has recognized the issue and joined the Global Ghost Gear Initiative (GGGI)—the world's largest cross-sectoral alliance dedicated to solving the problem of ghost gear through collaboration with other NGOs, academia, private sector, governments and the fishing industry. Earlier this year, Canada committed \$8.3 million in funding to address ALDFG in Canada—a major step forward in addressing this critical but still little-known issue.

I'm very proud to see that GGGI member Steveston Harbour Authority (SHA) continue with their Fishing Net Recycling Program to provide fishers a viable solution for their end-of-life gear, which otherwise typically ends up in a landfill. Through this program, SHA collects fishing nets from across the province at no cost to net owners and sells them to a facility in Richmond that recycles the nets into



Steveston Harbour Authority's free fishing nets recycling program is the only one of its kind in B.C. and is in extremely high demand.

plastic pellets for use in factories.

Another GGGI member, B.C.-based non-profit Emerald Sea Protection Society, performs survey work and recovers ghost gear and other marine debris along the B.C. coast.

Protecting our oceans requires everyone' support, including doing the simple things like educating others about the ghost gear problem and SHA's fishing nets recycling program. Together, we can protect the marine environment that has been so important to the health and legacy of our community.

Joel Baziuk is the deputy director of the Global Ghost Gear Initiative.



It's time remember, a season to give

By DON FENNELL OFSentinel

► A hen Wall Street came tumbling down in 1929, the largest stock market crash in American history set the stage for a decade history knows as the Great Depression.

Amidst widespread unemployment and poverty, Ethel Tibbits-an early editor and publisher at the now-defunct Richmond Review—started the Richmond Christmas Fund.

Today under the auspices of Richmond Cares, Richmond Gives, the Richmond Christmas Fund remains committed to Tibbits' vision of trying to ensure all residents enjoy a Merry Christmas.

Unfortunately, the reality is many locals don't have the financial means to prepare a festive meal, let alone purchase gifts. They work hard, but still struggle just to make ends meet. Celebrating Christmas is an addition-

al expense they simply can't afford. It's a situation Wayne Duzita finds challenging and has passionately

stepped forward to help resolve. "These are not the homeless, but people living on minimum wage or in low-wage jobs challenged by the cost of living," explains Duzita, co-chair

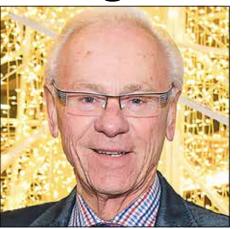
with Michael Chiu and Rob Howard of the Richmond Christmas Fund.

"They come to us humbly, some lining up at 4 in the morning to register for food vouchers, gift certificates and select toys given to us by the community."

Adding to their challenges, many are single parents further burdened by childcare expenses and rent increases. The dilemma is a vicious and unforgiving one.

Not that Duzita had it particularly easy growing up either.

"I grew up in the late fifties and early sixties and like most of us at that time on the financial margin but not know-



WAYNE DUZITA

ing it," he says. "In those days there was no social media, and no one talked about it either. There were days just seemed normal. Rent was reasonable and the cost of a home was 2.5 times median income. Today, it's 10 to 12 times median income and rental costs are challenging.

"Today," continues Duzita, "many are still living from paycheque to paycheque but the basic cost of necessities and the additional expense during the holidays creates a juggling act-what do you give up to make ends meet. This is where the Richmond Christmas Fund steps in, we bridge the gap to help those who ask for assistance."

Duzita has been volunteering since he was a teenager. And having experienced some of the challenges during his time-including going through four job changes in the 1980s, he embraces the opportunity to give back.

"I think most people have a pasmy parents owned a home and other sion for something in the communitimes we lived in a basement suite. It ty, through something they've experienced in life, he says."I think that's one of the reasons we're here, to support one another navigate these challenges we call the journey of life." •dfennell@richmondsentinel.ca

Share the gift of giving this holiday season

 \bigvee ou can help make this Christmas a to Richmond Christmas Fund) to process special one for a Richmond family or child through a donation to the Richmond Christmas Fund.

Here's how.

Monetary Donations

Cash donations to the Christmas Fund are greatly appreciated. For every \$100 donated, the fund is able to provide a Richmond family with grocery vouchers for a festive holiday dinner and much-needed Christmas gifts for the children. Help ensure all Richmond families have that special something under the Christmas tree.

It's easiest to give online, using the secure donation page. Once your donation is received, you'll be issued an electronic tax receipt via e-mail.

You can also make a donation by mail to: **Richmond Christmas Fund** 190 – 7000 Minoru Blvd.

Richmond, BC V6Y 3Z5

Please make sure your name and ad-

dress are included on the cheque (payable

a tax receipt. The charitable registration number is 11911 9055 RR0001.

Donations of new toys, books, and sports equipment

Drop off new, unwrapped gifts (with the exception of stuffed animals, due to allergies) at Richmond Cares, Richmond Gives (190 - 7000 Minoru Blvd.) weekdays between 9 a.m. and 5 p.m. While toy donations are greatly appreciated, the following items are most in need:

- educational toys
- musical toys
- Lego
- Playmobil
- sports equipment
- craft kits
- science, engineering and math toys
- tickets to kid-friendly attractions (such as Science World)
- teen-appropriate gift cards (\$25 increments)

For more information, call 604-279-7020.

2019 Richmond Christmas Fund Events Calendar

Richmond RCMP Toy Drive & Pancake Breakfast Nov. 16, 8 a.m. to noon at Ironwood Plaza

Richmond Auto Mall's Windows of Hope Nov. 20, 3 to 8 p.m. at Richmond Auto Mall

Steveston Girls' Night Out at Splash Toy Shop Nov. 21, 5 to 9 p.m. at Splash Toy Shop

A Not So Silent Night Nov. 27, 5:30 to 8 p.m. at Jaguar Land Rover (Richmond Auto Mall)

Christmas Classic Car Cruise Dec. 1, 12:15 to 2:30 p.m. in Steveston Village

Richmond Christmas Fund Drive-Thru Event Dec. 3, 7 to 10 a.m. at Brighouse Fire Hall No. 1

Christmas Fund Gift Wrap Dec. 1 to 24, 12:30 to 6 p.m. daily at Lansdowne Centre

Indigo FUNdraiser Now until Dec. 7 online

See Yah in the Morning! Children's Book Fundraiser On to Dec. 14, online and at various Christmas Fund events

Cambie Road overpass highlights TransLink projects

By DON FENNELL 0 @DFSentinel

ranslink has allocated nearly \$6.3 million for projects in Richmond.

The funds will be used on maintenance, installation and upgrades to local walkways, cycle paths and roads.

A breakdown of the projects is as follows:

• Cambie Road Overpass (at Highway 99)

A rehabilitation will include the deck, concrete shear keys and expansion joints. Translink funding is \$638,469.

• Cambie Road Overpass (Knight Street)

A rehabilitation will include the approaches to remediate differential settlement on the Cambie Road.

Translink funding totals \$677,500.



Screen grab from Google Maps

TransLink has several projects planned in Richmond in 2020.

Pathways

Construction of a paved multi-use

destrians and one-way (southbound) cyclists on the west side of Garden • Garden City Bike and Pedestrian pathway delineated for two-way pe- City Road between Lansdowne Road

and Westminster Highway. Translink funding is \$500,000.

 Charles Street Multi-use Pathway Provision of a paved off-street multi-used pathway on the north side of Charles Street between Sexsmith Road and the pedestrian-cyclist entrance to the Bridgeport Canada Line Station and Exchange. Translink funding is \$193,340.

· Alderbridge Way Multi-use Pathwav

Construction of a paved off-street multi-use pathway with pedestrian lighting on the north side of Alderbridge Way between Shell and No. 4 roads. Translink funding totals \$600,000.

• Maintaining the Major Road Network

The ongoing project covers the major road network throughout Richmond. The funding totals \$3,666,000.

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City moving to fully open Minoru Centre for Active Living

∧ Jork is afoot to open the entire Minoru Centre for Active Liv-V ing by next fall.

Following several months of operating the new Minoru Seniors Centre, the City of Richmond is moving to fully complete construction of the community building.

The investigation into the failure of one of the centre's pools has been completed, with repairs to commence shortly. The construction insurers have confirmed full coverage of the repair costs on the basis that the failure was caused by construction workmanship deficiencies.

The city has hired BC-based Omicron Construction Ltd. to complete the repair work and it is working to define an expedited schedule for the repairs so that a full opening of the facility can happen as soon as possible. A full opening is currently estimated for the fall of 2020. The new 790 square metre (8,500 square feet) fitness centre will open to the public in January 2020.

While the delays to fully opening this state of the art facility have been frustrating, the city remains resolutely focused on ensuring public safety and continuing to deliver the project on budget.

The Minoru Centre for Active Living includes the aquatic and fitness centre, a two-storey seniors centre, sport programming and support space, a full service cafeteria and bistro, commercial kitchen, and three outdoor public plazas.



Complete use of the Minoru Centre for Active Living is expected to be available to the public by next fall.

Kishi counts his blessings, each and every day

By **DON FENNELL**

Glenn Kishi is a disciple of The Golden Rule "Do unto others as you would have them do unto you."

At 63, the lifelong Richmondite has endured the breadth of life's peaks and valleys, all the while maintaining an irresistible optimism.

"I guess my passion is simply being a good person," he explains. "I look at myself as a great son, brother, husband, friend, father, grandfather, neighbour and community person just doing things right."

After a major health scare while on vacation a few years ago, Kishi never fails to count his blessings.

"I am fortunate to be alive. Every day is a blessing. I will continue to live each day the same way and try not to miss out on opportunities. Life is too short, so make the best of what you have and what you do with it."

For Kishi, that includes continuing to raise much-needed funds for Feed-U-Cate 38, and help feed hungry kids in our schools. It's a cause he initiated and that remains close to his heart.

Kishi has dedicated much of his life to education, the majority of that as a teacher and administrator in the Richmond School District. Before retiring, he wanted to do something to

I guess my passion is simply being a good person. – Glenn Kishi

help students and staff.

"I knew some schools were feeding hungry students in the morning and at lunch, who came to school without having anything to eat," he says. "How could students learn when their



Photo by Chung Chow Glenn Kishi (with his wife Dawna, son Nathan and daughter Marissa) was inducted to the Richmond Sports Wall of Fame in 2017.

stomachs were empty?"

Knowing that all of these schools were doing this on their own with volunteers, and also raising funds to purchase the food, he concluded he could help by at least raising the money for the latter.

"I had done many fundraisers when I was in schools, so I knew this would be no problem," he says. "I called a meeting of students, teachers and administrators and told them my plans. They all agreed this was a good idea."

From there, a name, logo and plans to raise the funds were established. Kishi's job was to get the word out to the community, a responsibility he took seriously. The reality of the situation shocked many in the community, leading several groups and individuals to step up to help. But with the need continuing, the issue remains a priority.

Calling his parents his biggest role models, Kishi says they were great examples of how to be helpful and giving. Along the way, many teaching and coaching peers have also made a difference in his life.

"I hope that I am an extension of all their work put together," he says.

His wife Dawna, of course, has a special place.

"She has been my rock through my most recent health issue, and I love her more than ever."

Growing up, Kishi was always bigger than most of his friends—though by today's standards that would be considered quite small. It ultimately led him to find a place in the sporting realm, for which he is forever grateful.

"I did not start playing any organized sport until Grade 4, when I started playing minor football," he explains. "(But) for me, being involved in team sports was the best thing. Playing on a team was important, and being a good teammate a key component. Team sports, when coached right, is the best thing for kids as long as it's fun too."

Good teachers, who made learning fun, inspired Kishi to pursue a career in education. It became more than simply a job, but an enjoyable and fulfilling career. Had he not become a teacher, he says, he'd likely have entered a trade where he would have built or fixed things.

Seeing the students he taught, or athletes he coached, grow into responsible adults brings great joy.

"They have great families, jobs and are giving back to the community in many ways," he says, wishing they could all reside where they grew up.

"Richmond was a great community to grow up and live in. I know it has change considerably since my childhood, but it is still a great place to live and raise your family. (But) you know, the world has changed. Steveston, and Richmond, used to be a small town where you didn't have to lock your doors and you knew everyone. It would nice if home prices were at the level where our children could afford (it). This is a dream I have for my kids (Marissa and Nathan, and grandchildren Aiden and Brett)."

When he's not spending time with family, Kishi is often out on the links. He enjoys playing golf because of his approach, one that helps him to relax.

"I enjoy the course, the companionship and the good shots during my round," he says.

Ever the thinker, Kishi leaves the following thoughts to ponder:

"People don't care how much you know, until they know how much you care."

That sums up the principles of a man who has dedicated his life to the service of others.

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Allen Chan (far right, back row standing beside Tu Wei) with the students after their gala recital.

Sublime music and veterans

By **LORRAINE GRAVES**

n November, our minds turn to Remembrance Day and veterans.

Professor Tu Wei's piano concert on Nov. 1 was dedicated to the women and men who fought for our country. The recital began with donations from Richmond-based ICONNBC, a business association formed by Asian Canadians to promote traditional Canadian values and share business knowledge.

On behalf of the association, vice chair, Allen Chan presented a cheque for \$1,500 to Matthew McBride for the Richmond Poppy Fund. He presented an equal amount to George Ng for the Chinese Canadian Military Museum. Also representing veterans was Steveston resident, Rosalyn Ng.

And, with that, the concert was off and running with a vibrant duo, Schubert's *Marche Militare* between Tu and her adult pupil, Katie Lin.

With the range in ages from adult to young enough to require special booster pedals for the Tom Lee Music's Steinway concert grand, there wasn't a dull moment in this family friendly concert.

Small children, in the reception room, quietly danced to the music their parents or bigger siblings played.

Absolutely beautiful was Chopin's Waltz opus 69, No. 2 as played by the tiny Wyetta

Gee. She later returned to play pieces from Maykapar and Handel.

Coco Gan, tall and poised in a yellow satin tea length dress offered Heinrich's *On the Lake* with grace and assurance.

Rainnie Du, played with assurance that belied her tiny size, using the specially designed booster pedals for her two pieces.

Young Elliot Sun played a perky piece, Sonatina in F major by Clementi, with strength. He had the audience in the palm of his hand. Silence reigned when held a long pause and the audience held their breath.

Tall and elegant, Miranda Song wowed the audience with Rachmaninoff's Prelude in G flat major.

Song and Tu returned, student and pupil, to close out the evening with a duet of Elgar's absolutely lovely and lyric *Salut D'amour*, long a Victorian drawing room favourite that elicits images of elegant women with fans and long dresses.

While each of the 20 numbers, performed by a variety of Tu's skilled students, had their own beauty, they are too numerous to elucidate each one in this article. You will just have to watch for next year's concert.

Supporting the generosity of a business association dedicated to bridging the cultural divide in Richmond while enjoying sublime music, this concert was an evening well spent. •LGraves@richmondsentinel.ca

Lest We Forget







Photos by Don Fennell Thousands turned out to salute the troops, and those who gave their lives for our freedom, during the annual Remembrance Day Ceremony Nov. 11 in Richmond.

Return-It expands used clothing drop-off program

Id garments are getting a new lease on life. Following a successful pilot project earlier this year, Return-It locations in Richmond are now permanently accepting used clothing, shoes and household textiles.

Since the province-wide program debuted seven months ago, more than 1,640 bags of textiles (weighing more than 26 metric tonnes) have been collected.

"The average adult throws out about 81 pounds of clothing and other textiles every year," said Allen Langdon, president and CEO of Return-It. "In Metro Vancouver alone, 40,000 tonnes of textiles end up in the landfill annually, making up approximately five per cent of the region's municipal solid waste. Those numbers provide a clear rationale for our new expanded program."

Items ranging from shirts, pants and coats to sheets, curtains and slippers are included among the list of acceptable textiles.

Return-It has partnered with Bank & Vogueone of the largest traders of used clothing in North America-to pursue a shared mandate of diverting waste from landfill. Items collected through the program are distributed to re-use organizations within Western Canada.

"Most of us have unused or unloved clothing taking up space at home," added Langdon. five per cent of the region's municipal solid "Now, more B.C. residents can conveniently recycle textiles while they're returning refundable beverage containers and other items. Given the positive feedback from the pilot, I'm optimistic we'll be able to continue to expand the program



Photo courtesy pixnio.com

Thanks to recycling, old clothes, shoes and household textiles are finding new homes.

across the province."

waste.

program include Ironwood Bottle Depot, OK Bottle Depot and Richmond Return-It Bottle Depot. Return-It is an industry owned, not-for-profit, the province.

product stewardship agency with beverage con-Old clothing items currently account for about tainer management as its core business. Celebrating its 25th anniversary and over 20 billion beverage containers diverted from the landfill, The Richmond locations participating in the its mandate is to develop, manage and operate a cost-effective system for the responsible collection and recycling of beverage containers across



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Girls meet STEAM mentors at Science World

By HANNAH SCOTT Contributor

While women in Canada represent nearly half of the labour force, jobs in science, technology, engineering, arts and math (STEAM) are still primarily held by men.

To encourage more females to enter these fields, TELUS World of Science's second annual Girls and STFAM Nov. 2 aimed to shed light on this fact.

Three hundred girls, aged 11 to 13, who attended the symposium were inspired by an opening keynote speech by Bethany Downer, the Hubble Space Telescope's public information officer.

The event also provided girls with mentorship opportunities from women working in STEAM fields, as well as facilitating an all-day community showcase.

Several Richmond women were part of the event's Mentoring Café including Beatriz Martin, Emily Carpenter, and Sentinel reporter Lorraine Graves. Martin and Carpenter shed light on their experiences as women in male-dominated STEAM fields.

Martin says she has worked as "a character animator, freelance medical animator, and art instructor." Carpenter works as a product development to "push for more sustainable products

and sustainability engineer at Layfield Group Ltd.

Carpenter became interested in a career in engineering in high school, during a 'take your child to work day.' She met a senior female engineer and thought of the possible impact her future career could have on society and the environment.

Martin's art illustration career stems from her early interest in animal and plant biology. She believes in the importance of effective scientific communication "with accurate, entertaining, and appealing visuals."

Careers in STEAM are not necessarily monotonous. Martin says she gets "to live adventures" through the characters she illustrates, adding her creative job keeps her motivated.

Carpenter says the best part of her job is working with customers, suppliers, and "almost every team in the company to execute projects."

Carpenter highlighted Layfield's involvement in the Richmond community. Layfield employs around 180 people in Richmond and was one of the finalists for the Richmond Chamber of Commerce's Green Business of the Year Award.

Carpenter says her work allows her



Photo submitted

Sentinel reporter Lorraine Graves speaks to girls at the recent STEAM symposium at Science World.

from large chemical companies."

Martin praised Richmond's natural beauty, explaining she prefers to be close to nature.

"I love sketching in Steveston and running along the West Dyke Trail," she savs.

The gender gap in many STEAM workplaces sometimes leads to harsh judgment. Carpenter says she faced gender bias during her university co-op positions. She leaves girls interested in STEAM careers with some words of

advice: "To know that they don't need to 'settle' in (situations of gender bias). There are good companies out there."

Martin, who went to animation school at age 35, encourages students to "actively search for opportunities to learn and grow," making connections to find careers that might not seem immediately apparent.

Science World's Girls and STEAM event also helped to advertise job opportunities to the female workforce of the future.

Everything's coming up DAISYs at the library

By LORRAINE GRAVES

🔰@LGSentinel

\$500 DAISY reader allows people with Alittle or no sight a full reading experience, one closer to reading a real book.

The Digital Accessible Information System machines have the ability to stop and go back, change the reading pace or tone, and can even set a timer for when you doze off with a good book. They are also suitable for people who cannot hold what they are reading.

The library's Stephanie Volkey points out these readers do not work with traditional books on tape. Those can be read by many

ordinary devices.

The sophisticated yet easy-to-use DAISY readers require special books-on-disc and are only licensed for people with a temporary or permanent disability. The library lends the DAISY machines out for four months at a time.

"We only have a limited supply of these readers. That's why the campaign," says Vokey.

On Giving Tuesday Dec. 3, or at any time, donate to the Richmond Public Library at gt.yourlibrary.ca or in person at any branch. Tax receipts are available for all donations \$10 and over.

For more details go to richmondsentinel.ca •LGraves@richmondsentinel.ca



Photo courtesy Richmond Public Library The DAISY reader will help individuals experiencing print disabilities.

Another ramen option in Richmond

If you are a ramen lover and don't want to go all the way downtown for a hot bowl of an authentic Japanese dish, you'll be happy to know it's now available in Richmond.

Originating in Hokkaido, Ramen Taka Notsume recently opened at tables for hours before serving. Aberdeen Centre.

And the noodles are cooked to the perfect texture we prefer. Staff tells us that the Paitan broth is simmered with pork bones, dried fish and vege-

If you visit between 3 and 5 p.m. on

We really like their Paitan broth a weekday, you can enjoy 30 per cent with a rich, creamy umami flavour. off on all ramen, sides and drinks. They also have a "Giga Challenge" in which five portions of ramen are served in a huge bowl (Giga Dragon their website for details. Ramen). If you are able to finish the whole bowl, including the broth in 30 minutes, your meal is free. Check out



And check out our column online at richmondsentinel.ca for order recommendations.



Ramen Taka Notsume serves up an authentic Japanese dishes.

Setting it straight

n our recent story about the Richmond Therapeutic Riding Association, it was reported Townline Homes donated \$100,000 to the new riding ring. In fact, Townline donated \$50,000 and Y.P. Heung the other \$50,000. *Richmond Sentinel* apologizes for any confusion.

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DEAR RICHMOND CONSTITUENTS.

I had the privilege of joining nearly 350 participants recently in the first annual Canadian Community Shoreline Cleanup event at Garry Point Park in Richmond, hosted by Air Canada and 4Ocean. This initiative came from a partnership between these global companies and their commitment to reducing the number of singleuse plastics ending up in our landfills and oceans.

Air Canada's commitment to remove 40 million plastic items from their flights each year shows that global businesses can and must find ways to cut down on plastics. Bold action like this may help prevent plastic straws and bags from winding up in our oceans, but it was the dedication of Richmond's staff and volunteers that lead to the cleanup of one of our community's great shorelines.

Over the course of the day, around 900 cigarette butts, 1400 pieces of Styrofoam, 500 plastic bags, more than 150 plastic straws, two lawn chairs and even a car bumper were removed from the shore. There was no greater sense of community than seeing global organizations join with passionate staff and local volunteers to clean up our environment through every means available. I thank everyone who came out to support such an amazing project



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Flying high at the Silver Wings Awards

By **LORRAINE GRAVES**

The Richmond-based BC Aviation Council (BCAC) annually offers \$60,000 in scholarships. Oct. 24 saw over 200 people in the industry get together to both laud existing successes with awards of recognition and to encourage young pilots with the substantial scholarships.

Formally known as the Silver Wings Industry and Scholarship Awards Celebration, the gala event at the Vancouver Trade and Convention Centre West saw many student volunteers from the BCIT Aerospace Technology Campus in Richmond, young trainees in the aviation industry, and established successes in BC's aviation industry mix, mingle and network while nibbling outstanding finger food. The convention centre's wall-to-wall windows offered a view of not only the mountains and water but also of industry-appropriate helicopters and float planes plying their trade in Vancouver Harbour.

As the ceremony began, Anne Murray a vice president of the Vancouver International Airport Authority, spoke of the almost 26 million passengers who passed through YVR last year. Looking to both the future and the environment, she spoke of the airport's ongoing construction project that will be one of the biggest geothermal energy facilities in North America. And also good news, she announced it will have a new parkade on top of it.

Speaking of the need for more workers, Murray offered the website YVRU-Ready.ca as the place for job hunters of all ages and backgrounds to begin their search for a variety of jobs on Sea Island, telling the assembled guests, "We all need to promote the benefits of a career in aviation."

Harvie Buitelaar, chair of the Silver Wings Awards committee, said that this is the largest non-governmental scholarship program in Canada.

As the council's scholarships, with



Photo by Kim Bellavance Photographe

Winners of the 2019 BC Aviation Council's Silver Wings industry and scholarship awards await the presentation ceremony.

each award in the thousands of dollars, were awarded the theme of evening became clear; YVR board member Kenneth Goosen said, "Our goal is getting skilled people into our industry. Our challenge is recruiting the talent we need."

For the Anderson Family Private Pilot Flight Training Scholarship that is usually \$5,000, the council's board approved the awarding of two Anderson scholarships this year. One in the amount of \$5,000 to Samuel Thiessen of BP Aviation and \$3,500 to Gavin Boothroyd of Pacific Flying Club.

In his acceptance speech, Thiessen spoke of his grandmother, one of the first female pilots in Canada. She told him, "Your dream can come true with enough hard work and dedication."

As a result, he started clearing snow and mowing lawns for money."I decided then that I'd rather be flying," said Thiessen.

Victoria Grahn from Chinook Helicopters Flight School received the night's largest scholarship. Harbour Air provides 50 hours of flight time, worth \$25,000 towards her float plane endorsement.

"At 18, I didn't have much money. My dad and I figured out how to finance my training but 18 months ago, he had a catastrophic work injury."

That alone, she said, points out the importance of scholarships as this will allow her to continue her training.

Grahn spoke of being surrounded by bush pilots and that offered her an introduction to serene alpine lakes. She spoke of the joy of taxiing along mountain waters.

She also took time to note Harbour Air's VP operations, Eric Scott, her mentor:"He never tells me what to do. He lets me make each decision on my own." Finishing her acceptance speech with, "Thank you Eric. At Harbour Air, they know they importance of investing in the next generation."

It is a time when all sectors of aviation actively seek more people partic-

night's largest scholarship. Harbour Air ularly as the baby boomers, who have provides 50 hours of flight time, worth held these jobs for so long, retire.

On Sea Island alone, over than 26,500 people, more than twice the population of Powell River, are employed by hundreds of businesses in aviation and related sectors.

Perhaps the most meaningful award of the night, the Hope Air Community Giving Award, went to Pacific Coastal Airlines for their work with the national charity, Hope Air. From their humble beginnings 40 years ago in Bella Coola, giving has always been a part of their operations. Pacific Coastal has now donated over 2700 flights, worth more than half a million dollars, to help rural patients access medical care. They received a hearty round of applause.

As the formal part of the evening closed and the gala dessert service began, there were kudos to the council's executive director. Heather Bell, president of the BCAC said, "David Frank steered this event to another grand success."

RCRG invites caregivers to unwind | Richmond is a city of food

givers this month.

out the year, Richmond Cares, Rich- workshops focus on activities and mond Gives is giving caregivers a chance to unwind. As part of the ongoing Relax, Recharge, Reset workshop series, caregivers are invited to an introduction of Chinese calligraphy Nov. 14 from 1 to 2:30 p.m. at the East are intended for seniors who provide Richmond Community Centre. Then on Nov. 19 from 10 a.m. to noon at Thompson Community Centre, and again Nov. 27 from 1:30 to 3:30 p.m. at the Minoru Centre for Active Living, caregivers are invited to partake in laughter yoga.

Studies suggest that practicing calligraphy can have a calming effect similar to meditation, while laughter yoga encourages participants to laugh voluntarily as a means of enhancing one's overall sense of well-being.

"It's important that family caregivers cdickson@rcrg.org.

►here's some relief in store for care- have a chance to unwind," says Carol Dickson, manager of RCRG's Seniors Recognizing their stresses through- Community Support Services. "Our techniques that caregivers can turn to if they're feeling overwhelmed. We want to help them better manage their stress."

> Relax, Recharge, Reset workshops unpaid care to another older adult. All sessions are free to attend, and include light refreshments.

> "It's about trying new activities, but also social interaction," says Dickson. "Because they're all caregivers, participants often find they can easily relate to one another. The workshops become a supportive space where caregivers can form new friendships."

To register for any of the November sessions, call 604-279-7099 or e-mail

If you are in to Chinese food and love hotpot, the Haidilao Hotpot Restaurant comes directly from China. Most of the time before I through our eyes finish eating, they perform a really



special dance. Directly translated from Chinese it is called the changing face dance. They dance around with a fan, wearing a mask that can turn into different faces. During the dance the face rapidly changes.

For breakfast, there is this amazing restaurant called Cora. It is really healthy because every dish there has fruit in it.

Richmond also has a lot of stores for pizza. Fresh Slice has a lot of flavours and they always make really cheap deals. For example, if you buy a whole pizza it is a lot cheaper than buy-

ing two slices individual. It also gives you more drinks the more you buy or something like that. Little Caeser's Pizza is really cheap and is unique. One of the type they sell has cheese in the crust. If you buy a large pizza which has 12 slices in it only costs six to eight dollars.

In my own belief, Richmond is amazing because of the food.



—By Jason Song, 11 Errington Elementary

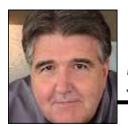
JASON SONG



RICHMOND SENTINEL

RAPS COMMUNITY REPORT Caring for the animals who care for us

RAPS helps out overseas



Pat Johnson

A lot of Mediterranean countries have overpopulations of feral cats, as well as other animals. An innovative program in the island nation of Cyprus aims to spay and neuter animals to reduce the populations-and a local vet, with the support of the RAPS Animal Hospital-recently volunteered as part of the program.

Dr. Mirna Topic graduated from the University of Veterinary Medicine Budapest in February and has been working since March at the not-forprofit RAPS Animal Hospital, which is owned by the Regional Animal Protection Society. For a month beginning in mid-September, Dr. Topic spent time at the Paphiakos and CCP Animal Welfare organization.

The agency has much in common with RAPS. In addition to operating a veterinary hospital that treats the animals in their organization's care and those of the general public, they also operate an animal shelter and a sanctuary for hundreds of cats-similar to the one RAPS runs in East Richmond. for cats with those conditions. (They

The organization invites vets from around the world to come to Cyprus and volunteer their services. Cypriots are invited to drop off any feral or stray cats and, when the program has the vets on hand, they run spay/neuter clinics. When Dr. Topic was there, she would do 10 to 12 procedures a day. RAPS donated the equipment she took with her to perform the procedures.

After the procedure, the cats are rehomed at the organization's shelter, which is a house with an enormous, multi-acre fenced outdoor space, where they adapt to life in a massive, 600-or-so cat colony.

The parallels are obvious. RAPS Cat Sanctuary is a forever home to about 500 cats. We also trap and neuter strays and treat them in our in-agency hospital, similar to the Cyprus organization. Unfortunately, many organizations worldwide do not have the resources RAPS has and the culture in many other places do not emphasize preventative medical care or vaccinations like we do in Canada. As a result, Dr. Topic saw some disheartening things.

At RAPS, she says, any feral or stray cat that comes in is tested for feline AIDS and feline leukemia. If they test positive, they are homed in special sections of the RAPS Cat Sanctuary



Local vet Dr. Mirna Topic recently volunteered for an animal welfare organization in Cyprus.

often live long and healthy lives, but Today, Richmond has effectively no in order to prevent transmission, they are kept separate.) The organization long-term investment of people and in Cyprus simply doesn't have the resources to do this. Testing for the viruses is too expensive and their facility is not set up to keep infected animals separated. Similarly, she regularly saw animals with flea infestations, worms her efforts to help animals," says the or other easily preventable conditions.

Still, the work the organization does is improving life for the animals of Cyprus and reducing overpopulation. It's a long process.

RAPS began 25 years ago as Richmond Homeless Cats, trapping and spay/neutering ferals and strays. tection Society.

feral cats. But that's because of a resources. Places like Cyprus are on the right path, but have a long way to go, as Richmond did those decades ago when we began our work.

"RAPS is proud of Dr. Topic and organization's CEO Eyal Lichtmann. "We believe that where an animal lives shouldn't determine whether an animal lives. So we were delighted to support Mirna in this generous initiative."

Pat Johnson is communications manager for the Regional Animal Pro-

Y NAME IS HOLA

It's Adopt a Senior Pet Month! Giving a forever home to an animal in their autumn years is a joy for them and for the adoptive family. Consider Hola! Hola came to RAPS when her family could no longer care for her. Hola is a very sweet little girl who really enjoys one-on-one time with her people and going for a big stroll together. Hola would do well in a home where someone is home for a large portion of the day where she can be showered with love and attention.

If your family has discussed adopting, call the shelter at 604-275-2036.



REGIONAL ANIMAL PROTECTION SOCIETY (RAPS) rapsbc.com | City Shelter: 604-275-2036 Head Office: 604-285-7724 LIKE US ON FACEBOOK /REGIONALANIMALPROTECTIONSOCIETY **RAPS ANIMAL HOSPITAL** rapsanimalhospital.com 604-242-1666 The RAPS Animal Hospital and HOSPITAL Animal Ambulance are Applewood

supported by Applewood Nissan

In their own words...

Moving forward with food recovery program



Chak Au City Councillor

In September of this year, Council took an innovative step forward in its efforts to promote circular economies and reduce food waste by approving a Food Recovery Program to redistribute surplus food.

The program is in partnership with FoodMesh, a local organization that has already proven to be successfully in other communities across BC. FoodMesh's Food Recovery Network is an online exchange platform for food manufacturers, processors and retailers to divert unsold food inventory to secondary markets and away from waste streams. The program ensures edible food is connected to the highest value end use which includes meals, food production inputs, feedstock and compost.

With Council's approval of a one-time financial contribution of \$25,000, FoodMesh's Food Recovery Network will expand into Richmond. The company has already established relationships with some large food retailers in Richmond as well as the Richmond Food Bank. This means that off-spec or surplus food would be sold to other business or donated to local charities and social groups. This initiative directly supports two objectives in Council's Strategic Plan, demonstrating leadership through:

- Environmentally conscious decision-making addressing climate change and promoting a circular economy.
- Demonstrating leadership through partnerships and exploring innovative, emerging economic practices.

Through broad engagement with local food businesses and other key stakeholders, the anticipated outcomes for the Richmond Food Recovery Network over a one year period are:

- Divert 225,000 kg of food from waste streams
- Create 300,000 meals for charity
- Generate \$1.25 million in savings to food brands and charities
- Provide 50,000 kg of feed to local hobby farmers Food loss and waste is a serious problem in

Canada. About 58% of our food produced in Canada does not make its way to the dinner table. However, 32% of food waste is preventable. This data is from a report released in January 2019 by Second Harvest, a Toronto agency that works to reduce food waste.

Food waste that ends up in landfills produces a large amount of methane, a more potent greenhouse gas than carbon dioxide. Each year, food waste in Canada produces about 56.6 million tonnes of carbon dioxide equivalent emissions. They absorb infrared radiation and heat up the earth's atmosphere, causing global warming and climate change.

There are people who desperately need food in



National Zero Waste Council's 'A Food Loss and Waste Strategy for Canada', published in May 2018, describes the widely-accepted food waste pyramid.

communities across our country. One in every eight households in Canada is food insecure. In our city, the Richmond Food Bank served 3,484 users who visited 27,000 times in 2018.

Tackling food loss and waste has been a theme of the National Zero Waste Council over the past few years. It released a Food Loss and Waste Strategy for Canada in 2018 and called for a national goal of reducing food loss and waste by 50%.

In Richmond's 2041 Official Community Plan, the recovery of food waste is a goal and it affirms that the City will establish and support initiatives that divert recoverable food from the waste stream for redistribution to local food banks.

The new Richmond Food Recovery Network Program is the latest step forward taken by the City in this direction.

For more information visit nzwc.ca and foodmesh.

City of Richmond Council Meetings Calendar

Community Safety Committee 4:00 p.m. Wednesday, Nov. 13 Anderson Room, Richmond City Hall

Development Permit Panel 3:30 p.m. Thursday, Nov. 14 Council Chambers, Richmond City Hall

General Purposes Committee 4:00 p.m. Monday, Nov. 18 Anderson Room, Richmond City Hall

e Public Hearing 7:00 p.m. Monday, Nov. 18 Council Chambers, Richmond City Hall

Planning Committee 4:00 p.m. Tuesday, Nov. 19 Anderson Room, Richmond City Hall

Public Works & Transportation Committee 4:00 p.m. Wednesday, Nov. 20 Anderson Room, Richmond City Hall Council Meeting

7:00 p.m. Monday, Nov. 25 Council Chambers, Richmond City Hall

Parks, Recreation & Cultural Services Committee 4:00 p.m. Tuesday, Nov. 26 Anderson Room, Richmond City Hall

Development Permit Panel 3:30 p.m. Thursday, Nov. 27 Council Chambers, Richmond City Hall General Purposes Committee 4:00 p.m. Monday, Dec. 2 Anderson Room, Richmond City Hall Finance Committee Following the GP Committee meeting Monday, Dec. 2 Anderson Room, Richmond City Hall

Planning Committee 4:00 p.m. Tuesday, Dec. 3 Anderson Room, Richmond City Hall

Council Meeting Live Streaming



Visit **richmond.ca** to link to live streaming or watch archived video.



For meeting agendas and reports visit richmond.ca.

Richmond FC taking soccer indoors

he tradition of standing on the sidelines with a hot Tims while the rain belts down will continue for years to come. But for parents who can't get their kids out to Richmond FC Saturday soccer games, a new-and warmer-option has just been initiated.

Sunday Night Soccer has debuted with the launch of the Richmond Indoor Soccer League, an initiative to open soccer up to families with low incomes, scheduling conflicts, and a lack of interest in away games played in distant locations.

The pilot season is open to kids aged U13 to U16, with plans for an expansion to other age groups in the spring.

"We know a lot of the kids in Richmond, whenever we do an open house, flock to soccer," says Richmond FC chair Rein Weber."We see it all the time, but actually playing and training for a full season can be a bit of a time and money commitment that not everyone can manage."

So, rather than asking the kids to come to Richmond FC, Richmond FC is coming to the kids.

"There are a lot of outdoor soccer facilities in the west, but kids in the City Centre and Cambie areas don't have it so easy, so we're scheduling games at elementary schools near where they live," says Weber.

Richmond FC's Chris Parry adds"It's a work in progress."

"We pushed the start date back a little because, as a new program, we have to tweak things as we go based on feedback from potential players," he explains. "Every week over the last month we've experimented with structure, targeted new demographics, and played with ways to reach new audiences."

The idea of playing on Sunday nights was intended to attract more kids who don't play currently. But those kids are proving harder to reach that existing players, Parry says. As a result, Richmond FC is in engaging different marketing options to reach them.



Richmond FC's inaugural Sunday night indoor league features teams representing different community neighbourhoods.

were less responsive, mostly because they have stacked schedules with other activities such as school and jobs."

One particularly positive trend is that more girls are signing up than expected. Parry says Richmond FC is also considering letting the U5s and u p have some indoor time during the colder months.

"We also found local schools (to be) really receptive, so there may be a benefit to collaborating and making it a school program at some point," he savs.

Kids signing up are "drafted" to teams in their local areas. These areas are represented by the Terra Nova Terrors, Minoru Mariners, Seafair Stingers, Cambie Highwaymen, King George Royals and the Ironwood Inferno, and play Sunday evenings starting at 5 p.m.

"We tried to get things happening in Hamilton and Southeast Richmond so we could be truly a crosstown league, but there wasn't venue availability this time around," says Weber. "As this league fills up and we see where the

"We also found older age groups growth points are, we'll add more venues and teams. Ultimately we want every kid in Richmond to see Sunday night soccer as a highlight of their week."

For now, the door is open for kids aged 12 to 15. The \$50 registration fee covers BC Soccer insurance, venue costs, referees, and a team shirt. Games are scheduled at Wowk, Quilchena, Talmey, McKay and Mitchell elementarv schools.

Though Sunday nights may not appeal to every family, Weber feels there are plenty who'll be ecstatic for the chance to play at a time with no other conflicts.

"As kids get older, they may need Sunday nights for school and work, so we're starting in what we feel is our sweet spot," says Weber. "We know a lot of kids can't play outdoor soccer because they go to tutoring on Saturdays, and some train with local academy teams instead of playing in games for that reason. We wanted to give those kids a way to join us, and be a part of our Richmond soccer family."

Richmond Sockeyes stand tall for forces

Richmond Sockeyes may have been blanked on the scoreboard, but they stood tall in paying respect to the forces.

In a salute to Remembrance Day, the local junior hockey club paid tribute to the Royal Canadian Air Cadets 609 and Sgt. Andy Fung and Lieut. David Vo in a pregame ceremony Nov. 7.

The Sockeyes failed to gain ground in the Pacific Junior Hockey League standings, losing 6-0 to the Tom Shaw Conference-leading North Vancouver Wolf Pack at Minoru Arenas. The Pack (16-1-0-1) moved five points ahead of Richmond (13-4-1-2) as a result.

The Sockeyes, which had won three in a row-all against Surrey Knights—before facing North Vancouver, also suffered a 2-1 overtime loss to Port Moody Panthers on Saturday (Nov. 9) and are slated to play at Langley Nov. 13 before hosting White Rock back at Minoru on Nov. 14. Game time is 7 p.m.

After that, the Sockeyes are scheduled to play Grandview Nov. 17 at Burnaby Winter Club, before having a bit of a break with only home games against Ridge Meadows and Aldergrove Nov. 21 and 28.

– By Don Fennell



Run, jump or throw, Kajaks are excelling

By DON FENNELL @DFSentinel

tradition of excellence continues to run Athrough the Richmond Kajaks.

Nearly 60 years after the local track and field club was formed by Olympians Doug and Diane Clement, the torch has been passed to a new generation. And the junior development athletes are standing tall.

With the culmination of the 2019 competitive season, five Kajaks were singled out by BC Athletics to receive a JD Award, the highest honour given to a junior development athlete in the province.

Recognizing athletes meeting or surpassing hard-to-achieve standards, Monty Mair, Zachary Kennedy, Lawrence Man, Charlotte Bosma and Ryan Nickerson were described as the "best of the best" in their age groups at the recent BC Awards banquet. They were among 57 athletes from across the province recognized for the achievements.

"I didn't really know what to expect, but I was happy with how much I improved throughout the year," says Kennedy, 13, who shone over 2,000 metres."It's nice to see how much better I've become after only one season with Kajaks, and the competition helped me get better. I am looking forward to running track at the high school level this year and am hoping to race at the provincial championships and keep on improving."

Nickerson, who excelled in multiple events (notably 60 metres, high jump and long jump), was surprised to achieve standards in each event (8.58 seconds, 1.40 metres and 4.30 metres).

"I had been working hard towards achieving a standard in jumps since I started competing as a Kajak in 2017," he says."My next goal is to achieve the BC Athletics standard in a run, jump and throw in the same year."

Stellar in a pair of throws events—shot put and discus, Man says he doesn't have set goals for the



Photo submitted

Richmond Kajaks junior development program members, from left; coach Moseley Jack, Charlotte Bosma, Monty Lair, Lawrence Man, Zachary Kennedy and Ryan Nickerson.

next"but I want to keep on training to improve my tres." throws throughout the year. I'm hoping to repeat the same results."

Reflecting her bright future as high jumper, Bosma says"I was really happy to receive this award, especially because I love high jump. I hope to continue to get better in high jump and hurdles."

Fellow high jumper Mair says," I was really happy to get the award. My next goal is to be at the top again in high school and jump at least 1.70 me-

Following the exemplary Athletics Canada Long Term Athlete Development Pathway, with the aim of creating a fun and safe environment for club members, the Kajaks is a non-profit community-based athletics club offering programs for both competitive and non-competitive athletes of all ages.

Learn more at info@kajaks.ca •dfennell@richmondsentinel.ca



CHRISTMAS



Windows of Hope

Presented by the Richmond Auto Mall, *Windows of Hope* returns Nov. 20 from 3 to 8 p.m. Over the past 15 years, the event has generated nearly \$300,000, including a record-breaking \$37,000 in 2018 for the Richmond Christmas Fund. Join the fun and support the cause by spending an evening at the mall painting holiday scenes on the windows of car dealerships. To show their gratitude, the dealerships each make a donation to the Christmas Fund.

Christmas Fund Indigo FUNDraiser

The Richmond Christmas Fund is all about convenience, always looking for new and easier ways for people to support the program.

This year, when you shop online at indigo.ca through Dec. 7, three per cent cash back on your purchases of books, home decor, paper products, fashion accessories or children's items will benefit the Christmas Fund. And when you purchase electronic gift cards, 20 per cent will go to the Christmas Fund.

See Yah In The Morning! Fundraiser

Inspired by her son, Richmond author Kaye Liao Banez wrote a book to help young children develop communication skills. She's donating partial proceeds from each book sold to local charities, and this fall the beneficiary is the Richmond Christmas Fund. Through Dec. 14, each purchase through bammstellacreations.com will see \$2 donated to provide grocery vouchers, toys, books and gift cards to **Nhaťs** UPI

Happening in Richmond, Nov. 13 to Dec. 2

low-income families to help them celebrate the holidays.

Book Sale

Friends of the Richmond Library is hosting a mini-sale at Richmond Public Library (Cambie Branch) at 150 – 11590 Cambie Road, Richmond on Saturday, Nov. 30 from 11:30 a.m. to 4:00 pm. A great selection of quality children's books and adult fiction will be on sale at \$2 each. Cash only. Please bring your own bags or boxes. All proceeds benefit Richmond Public Libraries.

Holiday Craft Sale

Christmas Crafters, a group of senior ladies who knit for charity, will be holding a holiday craft sale at Thompson Community Centre, 5151 Granville Ave. on Nov. 21 and Nov. 27 from 9 a.m. to 1 p.m. each day. Sales are cash only. Last year, some \$1,200 was raised.

RAPS Holiday Party

The Regional Animal Protection Society is hosting the RAPS Holiday Celebration Pub Night Nov. 30, from 1 to 6 p.m. at the Buck & Ear Pub, 12111 3rd Ave. in Steveston.

Tickets are \$20 each, including a burger and drink. There will also be a silent auction, raffles, a 50-50 draw, games and fun. Bring the gang and make it a family affair.

Richmond Pottery Club

Joining forces with the Richmond Weavers & Spinners Guild, the Richmond Pottery Club is holding its 2019 Christmas Sale Nov. 15 to 17 at the

Richmond Arts Centre, 180-7700 Minoru Blvd. Times are Friday 1 to 9 p.m., Saturday 10 a.m. to 4 p.m., and Sunday 10 a.m. to 3 p.m.

Christmas Classic Car Cruise

Watch the wheels roll through Steveston Village Dec. 1 from 12:15 to 2:30 p.m. The annual parade of hot rods, roadsters, muscle cars and custom creations will ultimately end up at the Buck & Ear parking lot, where the cars will remain on display until 2:30 p.m. In addition to revving their engines, drivers will also rev up their generosity by making a toy or cash donation to the Richmond Christmas Fund.

Christmas Concert

Celebrate Christmas with students and faculty from the Richmond Music School with a matinee concert Nov. 23 from 1 to 4 p.m. at the Richmond Music School Society recital hall, 11371 No. 3 Rd. Admission is free, but please bring a non-perishable food donation for the Richmond Food Bank.

Victorian Christmas

London Heritage Farm, 6511 Dyke Rd., reflects the holiday season from Nov. 16 to Dec. 15 as the historic home is transformed to celebrate a Victorian Christmas. While there, you can also enjoy a cup of cider, learn about the London family, and visit the gift shop for a perfect present.

South Arm Christmas Fair

Here's a unique way to get your holiday shopping taken care. Visit the craft fair, featuring homemade items from more than 70 vendors, beginning at 10 a.m. to 4 p.m. on Nov. 16 at South Arm Community Centre, 8880 Williams Rd.



A Not So Silent Night

The first-ever A Not So Silent Night generated over \$65,000 for the Richmond Christmas Fund. This year's second annual is set for Nov. 27 from 5:30 to 8 p.m. at the Jaguar Land Rover of Richmond, located at the Richmond Auto Mall. Once again combining festive fun and stylish elegance, the event will be highlighted by a delectable selection of appetizers and desserts, courtesy of Pacific Gateway Hotel.

Beeswax Wrap Making Workshop

Go green this Christmas by making your own reusable food wraps out of beeswax. Learn a few techniques to ditch the plastic wrap for food storage, and discover a few recipes while you're at it at this special workshop Nov. 18, 6:30 p.m. at The Red Barn, 2631 Westminster Hwy.

EVENTS

Senior Peer Counsellor Training

Each Friday, through to Nov. 22, Richmond Cares Richmond Gives (RCRG) is hosting a senior peer counselling program, training volunteers to provide emotional support to older adults experiencing worry, frustration or loss. The program is unique since the volunteers are older adults themselves, so are able to relate to what their clients are going through.

The next sessions are Nov. 15 and

WHAT'S UP

From Page 16

Nov. 22 from 10 a.m. to 3 p.m., but space is limited so register early at 604-279-7020 or by emailing cdickson@rcrg.org.

Raise the Roof

St Alban's Church, 7260 St Albans Rd., is home to a weekly community meal, serving on average 180 people. Donations are always welcome at 604-278-2770 or at office@stalbansrichmond.org.

Chronic Conditions Self-Management

The Chronic Conditions Self-Management Program is a free six-session workshop that is designed to help people with chronic health conditions and their caregivers to better manage symptoms and activities of daily life.

A six-week session began Oct. 22 and will continue each Tuesday through Nov. 26 from 1 to 3:30 p.m. at West Richmond Community Centre, 9180 No. 1 Rd.

To learn more, contact Self-Management BC at 604-940-1273.

Decoda Literacy Conference

Richmond will host the Decoda Literacy Conference 2019: Literacy for a Better BC Nov. 21 and 22 at the Radisson Hotel Vancouver Airport, 8181 Cambie Rd.

The conference will bring together the province's literacy network, including leaders in adult learning, key members of the public and private sector, and literacy practioners for interactive, dynamic and informative learning sessions.

ARTS

Steveston Folk Guild

The Steveston Folk Guild presents "a genuine B.C. treasure," the Brian Robertson Trio Nov. 21 at Britannia Shipyards National Historic Site, 5180 Westwater Dr. Showtime is 7:30 p.m., with tickets \$10 at the door.

SPORTS

Archery Lesson

Join the Gum Ying Richmond Archery Club for an introductory lesson with the Richmond Archery Club. This one-hour beginning session, with a recurve bow, will teach you about the equipment and how to hold the bow. The lessons are from 5:30 to 8:30 p.m. Nov. 16 at 150-6851 Elmbridge Way.

International Wheelchair Bonspiel

Since debuting at the Winter Paralympic Games in 2006, wheelchair curling continues to grow in popularity. From Nov. 20 to 24, the Richmond Centre for Disability will be hosting its 13th annual tournament—the 2019 Canadian Open—at the Richmond Curling Centre, 5540 Hollybridge Way. Play at the week-long event is from 9:30 a.m. to 5 p.m.

Sockeye Hockey

Richmond Sockeyes have several home games scheduled over the next few weeks. The Pacific Junior Hockey League club welcomes White Rock Whalers to Minoru Arena Nov. 14, Ridge Meadows Flames Nov. 21 and Aldergrove Kodiaks Nov. 28. All Thursday games, the face-off time for each is 7 p.m.

Softball Canada Congress

Softball Canada holds its annual general meeting and congress Nov. 13 to 17 at the Vancouver Airport Marriott Hotel, 7571 Westminster Hwy.

The congress usually consists of a board meeting and a staff forum, workshops and a hall of fame and awards night. Workshop topics range from national championships to long-term player development to coaching to new initiatives.

Karate BC Provincials

Top athletes from across B.C. compete for top honours at the 2019 provincial championships, Nov. 30 and Dec. 1 at the Richmond Olympic Oval.

KUDOS

Church gives back to the community



Photo courtesy Richmond Hospital Foundation From left: Church deacons Alec Cheng, Cyrus Kwong, Mimi Chan, hospital foundation CEO Natalie Meixner, hospital senior development manager Endora Fan, and church deacon Haines Lee.

The Koinonia Evangelical Church is practising what it preaches.

With a strong belief in giving back, its more than 600 members, many of whom live and work Richmond, have made a donation of \$10,000 to Richmond Hospital Foundation's Act Now Campaign in support of building a new acute care tower.

Using the transliterated form of the Greek word koivwvia which refers to communion or fellowship, the Koinonia Evangelical Church members understand the importance of advancing high quality, lifesaving care in the city.

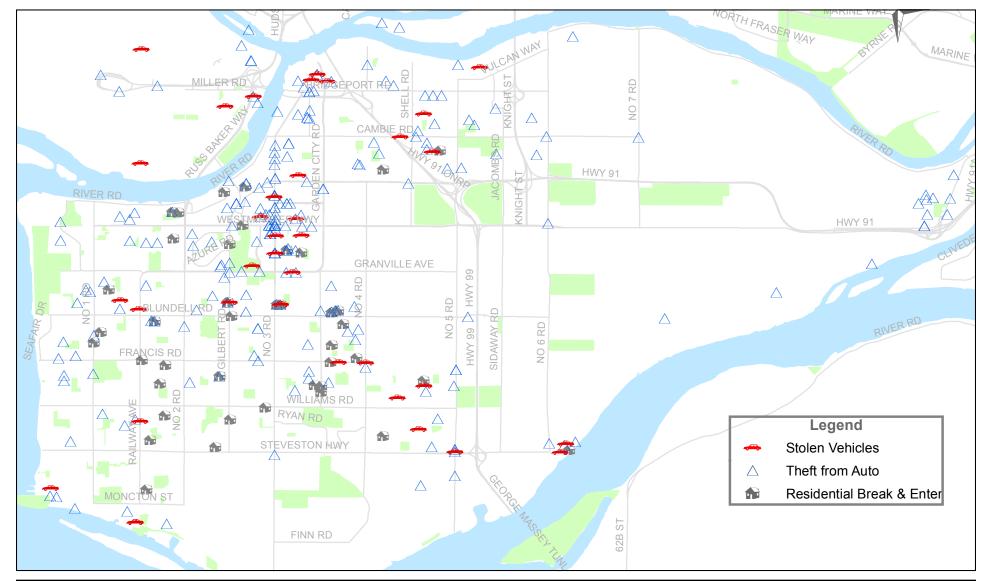
Over 30 years, Richmond Hospital Foundation has raised some \$80 million to help fund vital medical equipment, improve patient care services and upgrade facilities. The goal is to inspire joyful giving within the community to build a better and healthier future for Richmond.

The Act Now campaign addresses the Richmond Hospital Foundation's goal to inspire giving to raise at least \$50 million in philanthropic commitments to help fund a new acute care tower to replace the original hospital tower which is more than 50 years old, seismically unstable and obsolete.

Helping to make your community a better place

We encourage you to share your Richmond community contributions, events, and photos, at newsroom@richmondsentinel.ca





Residential break-ins decline significantly

Richmond RCMP has worked collectively and ef-fectively in the reduction of residential break-ins our frontline and specialty units" says Sergeant Siover the past year.

The combined efforts of its Property Crime Unit (PCU), Prolific Offender Suppression Team (POST), front line officers, Crime Prevention Unit, Block Watch Unit and crime analysts have all contributed in a dramatic decrease of 32 per cent over the same period of time (April to September 2018) as last year.

"We have attacked residential break and enters with an all-hands on deck approach and used a highly data driven methodology aided by our crime analysts. We are then able to map areas, times, and identify patterns or trends in behaviour. This infor-

mon Lee, NCO i/c of the Richmond RCMP Crime Reduction Unit.

"Our several pronged approach in investigating and disrupting suspects responsible for residential break-ins has resulted in the arrest of several high profile offenders, each responsible for multiple crimes. We have shown that a common goal can be reached with a unified and concerted effort among all units. We want to ensure to the community that we have not stopped in our pursuit to bring those responsible for property crime to go unchecked," adds Sgt. Lee.



Photo Cristiano Betta via Flickr.com

richmondsentinel.ca

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- 23 Pickling herb
- 24 Blacken on a grill
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- 28 Lincoln or Ford
- 29 Two-tone cookies
- 30 King, in Cannes
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- Billions of years 35
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- 37 Eggnog sprinkling
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- Transferred files 48
- Elm or oak 49
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- 51 Lays down the lawn

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NOVEMBER

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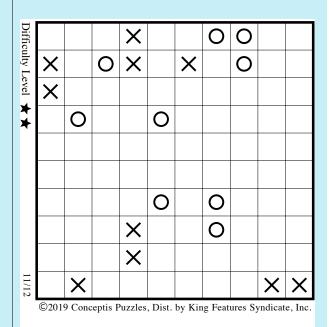
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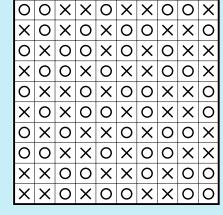
The goal of Sudoku is to fill a 9x9 grid with numbers so that each row, column and 3x3 section contain all of the digits between 1 and 9.

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TIC-TAC-LOGIC

A one player game, the object is to place Xs or Os in the squares grid. There cannot be more than two consecutive Xs or Os in a row or column. Each column/row is unique and has five Xs and Os.





ANSWERS

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LET'S REDUCE OUR WASTE THIS HOLIDAY!

Give gifts that don't need wrapping

- Give an experience: gift cards, tickets to movies or events, or passes to recreational facilities
- Give a gift that lasts: pass on a family heirloom, start a new tradition or take someone on a new adventure to create memories that last a lifetime
- Give the gift of time: offer your services or expertise as a present, make dinner, knit a sweater or make your own coupon offering help with a future project
- Share gently-used items with others: through donations or services like Richmond Shares (richmondshares.bc.ca) and MetroVan Reuses (bc.reuses.com). For a comprehensive list of items that can be donated, reused or recycled, visit www.metrovancouverrecycles.org.

Environmental Programs:

604-276-4010 garbageandrecycling@richmond.ca www.richmond.ca/recycle



Christmas Fund Drive-Thru Event Moves to Brighouse Fire Hall No. 1

Make a Donation, and Get an Inside Look at a Newly-Built Richmond Landmark



In its nearly 10-year history, the Richmond Christmas Fund Drive-Thru Event has been held at multiple locations throughout the community. One constant, though, has been **Richmond Fire-Rescue**, whose members have always taken time to volunteer at the event. It makes this year's location all the more fitting.

The 2019 Christmas Fund Drive-Thru Event will be held **Tuesday, December 3, at Brighouse Fire Hall No. 1, from 7:00am to 10:00am**. Located on the corner of Granville and Gilbert, the building is already a local landmark, despite opening just last year. You've likely driven by it countless times. Now's your chance to drive through it! The event is all about convenience. Whether on your way to work or school, you can pull into the fire hall and drop off a donation - both cash and new, unwrapped toys are accepted and much appreciated. A volunteer from Richmond Fire-Rescue will then provide you with a complimentary coffee and McDonald's muffin.

In under five minutes, you can help brighten the holidays for your neighbours in need, and grab breakfast on the go. This is one event that will definitely fit into your busy holiday schedule!

So come to support the Christmas Fund. Come to get an up-close look at a state-of-the-art fire hall. Or simply come to say hi to the awesome firefighters who are making the event possible. Either way, you don't want to miss it!





PROUD TO SUPPORT Richmond Christmas Fund

3500 Cessna Drive Richmond, British Columbia V7B 1C7 Canada

Tickets Available Now!!

Rocking on the River NEW YEAR'S EVE 2020

December 31, 2019 | 8:30pm - 1:00am For details and ticket purchase, please refer to https://www.eventbrite.ca/e/73656674095



Three Cheers for Santa's Team!

Each year, the Richmond Christmas Fund brightens the holidays for approximately **2,400 low-income residents**. The people on the front lines of that effort, and the ones behind the scenes, are our volunteers. They register clients, sort and distribute toys, support Christmas Fund events, and run our gift wrap booth at Lansdowne Centre. In all, more than **140 volunteers** are involved annually, contributing well over **2,000 hours**. They are, without question, the unsung heroes of the program and, here in Richmond, an indispensable part of Santa's team.

Every Toy Makes a Difference

Last year, the Richmond Christmas Fund provided toys to nearly **800 children in need**. Every single item we gave out, from hockey sticks to board games to bikes, was donated by the community. As the 2019 holiday season approaches, we need your help to make Christmas wishes come true! Consider donating a new, unwrapped toy, or organizing a toy drive among your friends, colleagues, or family. Donations can be dropped off at our Richmond Caring Place office, located at **190 - 7000 Minoru Blvd**. We're open Monday to Friday, 9:00am to 5:00pm. While we're hugely grateful for every toy we receive, there are certain items that are always popular, and are guaranteed to produce the widest smiles on Christmas morning. If you're not sure what to buy, use our **Toy Wish List** as a guide.



2019 TOY WISH LIST BABIES, TODDLERS & PRESCHOOLERS EDUCATIONAL TOYS • MUSICAL TOYS • ACTIVITY BOOKS ELEMENTARY SCHOOL & TWEENS LEGO • PLAYMOBIL • SPORTS EQUIPMENT • CRAFT KITS SCIENCE & TECHNOLOGY TOYS • PRETEND PLAY ITEMS















PROUD TO SUPP RICHMOND CHF



For more on Windows of Hope and A Not So Silent Night, including post-event coverage and photos, visit RCRG.org and follow us on Facebook.

The Christmas Fund's Second Home

Windows of Hope and A Not So Silent Night, happening November 20 and 27, respectively, are the Christmas Fund's two biggest events, raising funds that allow us to help hundreds of families in need. While the events themselves couldn't be more different—one's a kid-friendly evening of painting, pizza, and prizes, the other's an elegantly luxurious cocktail party—they're both hosted and supported by the Richmond Auto Mall. The Christmas Fund office may be at the Richmond Caring Place, but in the Auto Mall, we've found a second home, where the holiday spirit is unmatched.







Making the Most of Your Donation



The Christmas Fund doesn't only distribute toys. In fact, the biggest part of our program, in which we help not only children, but seniors, refugees, and people with disabilities, is **grocery voucher distribution**. That's where monetary donations play an important role. When

you give online at **rcrg.org/donate** you'll immediately be sent an electronic tax receipt. Your gift will then be used to purchase grocery vouchers. But here's the thing: because we buy in bulk with other Greater Vancouver Christmas Bureaus, we receive a 10% discount, so your **\$100 donation has \$110 worth of purchasing power**! Nothing like a little holiday magic to stretch the impact of your gift!

Christmas Fund Indigo FUNdraiser

If you're into multi-tasking, you can support the Christmas Fund and do your holiday shopping at the same time! From now through **December 7**, when you shop online at **Indigo**, a percentage of your purchase will benefit the Christmas Fund. To get started, visit **indigo.flipgive.com/teams** and search for "Christmas Fund."







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Download our app from the App Store or Google Play Store.

2019 Richmond Christmas Fund Registration Information

Everyone Deserves to Experience the Magic of a Holiday Celebration

About the Richmond Christmas Fund

The Richmond Christmas Fund is a non-religious, non-discriminatory program that supports low-income residents during the holiday season. Keep reading to learn how you can receive assistance.

Step 1: Check Your Eligibility

To register for the Christmas Fund, you must have the following:

- Picture ID for yourself
- CareCards for all family members being registered
- Proof of Richmond residency
- Proof of enrollment in any of the following government income assistance programs:

BC Disability Assistance • BC Housing Rental Assistance BC Income Assistance • Canada Child Benefit Guaranteed Income Supplement • Shelter Aid for Elderly Renters

Without the required documents, you will **not** qualify for assistance. If you have questions about your eligibility, please call **604-279-7035**.

Helpful Tips

- If the program is busy, you may be asked to wait outside the building. Please dress accordingly.
- To allow enough time to complete the registration process, please arrive at least two hours before registration ends
- We encourage you to come in the second, third, or fourth week of registration, when the wait times are generally shorter.

Step 2: Choose a Registration Day

Christmas Fund registration will be held over four consecutive Saturdays at the Richmond Caring Place, located at **7000 Minoru Blvd**. On each day, the program will be open from **9:00am - 1:00pm**.

Saturday, November 23 • Saturday, November 30 Saturday, December 7 • Saturday, December 14

Step 3: Come Register In Person

On your chosen registration day, bring **all of your eligibility documents**, and a Christmas Fund volunteer will guide you through the registration process.

On the same day you register, you'll receive one grocery voucher per family member (maximum four per household, while daily supplies last).

If you have children aged 11 or under, you'll also be able to select gifts from the Toy Room.



Proud to support the Richmond Christmas Fund

We love our community! We have something for every kind of somebody.



RICHMOND AUTO MALL